

# PSYCHOLOGY MINOR

What is psychology?

Psychology is the science that seeks to understand people and how they relate to their environment. This type of understanding contributes to performance in all types of job settings, from education, to business, to health professions. The minor in psychology can thus be used to strengthen qualifications for any job requiring “people skills”. Because the field of psychology is so broad, students are able to select courses that fit with their major and support their career goals.

What are the requirements?

To complete a minor in psychology, students must (1) successfully complete PSYC 201S, which is a prerequisite to courses comprising the minor, (2) select at least one course from Area 1, and (3) choose at least one course representing three of the other five areas (2-6). Students must earn a minimum overall cumulative grade point average of 2.00 in all psychology courses taken towards the minor. Courses in the minor may not be taken on a PASS/FAIL basis. A minimum of 12 semester hours in psychology is required (of which 6 credit hours need to be taken at ODU).

## Area 1: Foundations

PSYC 410 Human Cognition  
PSYC 413 Perception  
PSYC 414 Principles of Learning  
PSYC 424 Physiological Psychology  
PSYC 430 Animal Behavior

## Area 2: Developmental

PSYC 321 Exceptional Child  
PSYC 322 Psychology of Adolescence  
PSYC 334 Social Development  
PSYC 351 Child Development  
PSYC 352U Cognitive Development  
PSYC 353 Adulthood & Aging

## Area 3: Social/Personality

PSYC 304U Social Psychology  
PSYC 305U Motivation  
PSYC 363 Psychology of Sexuality  
PSYC 408U Theories of Personality

## Area 4: Clinical

PSYC 306 Health Psychology  
PSYC 325 Drugs & Behavior  
PSYC 405U Abnormal Psychology  
PSYC 412 Testing  
PSYC 461 Drug Abuse & Dependence

## Area 5: Cultural Context

PSYC311 Psychology and Law  
PSYC 323U Psychology of Women  
PSYC403 History of Psychology  
PSYC420 Cross-Cultural Psychology  
PSYC 431 Community Psychology  
PSYC 460 African Americans

## Area 6: Industrial/Organizational

PSYC 303U Industrial/Organizational  
PSYC 343\* Personnel Psychology  
PSYC 344\*\* Human Factors  
PSYC 345\* Organizational  
\*PSYC 303 is a prerequisite for this class.  
\*\*PSYC 413 is a prerequisite for this class.

What courses will support my major?

The following are examples of how a minor might be used to support particular career goals. THESE ARE ONLY EXAMPLES. Students may substitute any course as long as one course from four different areas is used AND one course is from Area 1: Foundations.

A student interested in a career in business might select the following courses:

Area 1	PSYC 414	Principles of Learning
Area 3	PSYC 304U	Social Psychology
Area 5	PSYC 323U	Psychology of Women <b>OR</b> PSYC 420 Cross-Cultural Psychology <b>OR</b> PSYC 460 African Americans
Area 6	PSYC 303	Industrial/Organizational Psychology

A student interested in working in a mental health profession or in pursuing graduate work in counseling or social work might select the following courses:

Area 1	PSYC 410	Human Cognition <b>OR</b> PSYC 424 Physiological Psychology
Area 3	PSYC 408U	Theories of Personality
Area 4	PSYC 405U	Abnormal Psychology
Area 5	PSYC 323U	Psychology of Women <b>OR</b> PSYC 420 Cross-Cultural Psychology <b>OR</b> PSYC 460 African Americans

A student interested in a career in childcare and/or educational settings or in pursuing graduate work related to children might select the following courses:

Area 1	PSYC 414	Principles of Learning
Area 2	PSYC 351	Child Development <b>OR</b> PSYC 352U Cognitive Development
Area 3	PSYC 304U	Social Psychology <b>OR</b> PSYC 408 Theories of Personality
Area 5	PSYC 323U	Psychology of Women <b>OR</b> PSYC 420 Cross-Cultural Psychology <b>OR</b> PSYC 460 African Americans

A student interested in working in medical settings or in pursuing graduate work related to nursing, physical therapy, dental hygiene or related areas might select the following courses:

Area 1	PSYC 424	Physiological Psychology
Area 3	PSYC 408U	Theories of Personality
Area 4	PSYC 325	Drugs and Behavior <b>OR</b> PSYC 306 Health Psychology
Area 5	PSYC 323U	Psychology of Women <b>OR</b> PSYC 420 Cross-Cultural Psychology <b>OR</b> PSYC 431 Community Psychology <b>OR</b> PSYC 460 African Americans