



# Virginia Consortium Newsletter

## October 2014

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#### APA Accreditation

In April 2014, we received full accreditation from the American Psychological Association (APA) for our Ph.D. program in Clinical Psychology. We are excited for this change and look forward to our future ahead!



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Learn about the new additions to the Consortium's clinical faculty and their research interests.

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## Welcome First-Year Students!

by Your Program Office

Welcome Class of 2019 to the Consortium! To learn a little about them, read their bios below.

**Dominique Blanchette** (First from Left)

**From:** Sacramento, CA

**Graduated from:** Hampton University, B.A. in Psychology, The Chicago School of Professional Psychology, M.A. in Industrial Organization Psychology

**Research Interests:** Health and mental health disparities in minority and LGBT populations, HIV, culture, discrimination, and stigma as it relates to treatment of these populations

**Fun Fact:** Played organized basketball and soccer for 13 years

**Sean Flannery** (Fifth from Left)

**From:** Centreville, VA

**Graduated from:** University of Georgia, B.S. in Psychology, Boston University, M.A. in Psychology

**Research interests:** Neuropsychology, Alzheimer's disease and other neurodegenerative diseases

**Fun Fact:** I have been bitten by a skunk and I have 10 siblings.

**Charles Freleigh** (Second from Left)

**From:** Washington, DC

**Graduated from:** James Madison University, B.S. in Psychology, New York University, M.A. in Psychology (Clinical Focus)

**Research interests:** Mindfulness meditation and therapeutic intervention

**Fun Fact:** I play basketball and guitar, and I'm a wanna-be chef.

**Allison Robbins** (Fourth from Left)

**From:** Durham, NC

**Graduated from:** NC State University, B.A. in Applied Psychology & International Politics

**Research Interests:** PTSD, combat-related trauma, substance use, eating disorders, moral injury

**Fun Fact:** I'm an avid baker and cake decorator. I actually had my own side baking business in Durham and hope to one day open my own bakery or food truck.

**Alexander Shappie** (Sixth from Left)

**From:** Versailles, OH

**Graduated from:** Case Western Reserve University, B.A. in Psychology & Anthropology

**Research Interests:** Multi-Cultural Psychology, LGBTQ Issues, Resilience/Stigma in Minority and Underserved Populations

**Fun Fact:** I love animals and being outdoors. If I weren't going to be a psychologist I would've been a wildlife photographer.

**Tiphonie Sutton** (Third from Left)

**From:** Hampton, Virginia

**Graduated from:** University of Virginia, B.A. in Psychology, Loyola University Maryland, M.S. in Clinical Psychology

**Research Interests:** Clinical health psychology (e.g., eating & exercise behaviors, body image, self-esteem)

**Fun Fact:** While living in Baltimore, MD, I created a "Baltimore Bucket List" and did/attended 100+ activities & events.

# New Faculty Spotlight

The Consortium would like to welcome Drs. Scott Debb and Andrew Franklin, faculty members at Norfolk State University. Below are some highlights regarding their academic careers and research interests.

We look forward to their contributions in the years to come!

## **Scott M. Debb, Ed.D.**

Dr. Debb received his doctoral training at Argosy University Chicago in Counseling Psychology. Originally from Brooklyn, NY, Dr. Debb moved to the Hampton Roads area about four years ago. Dr. Debb's research interests lie in social justice, conflict studies, quality of life, cross cultural issues, and online learning. His current research projects include the topics of cyber security, juvenile fire-setting, best practices for online teaching (of psychology), minority college student resilience as related to persistence to undergraduate degree completion, and college student mental health.

When asked what career he would've chosen if not for psychology, he replied "Hockey, although that may not be realistic. I wanted to go to college for hockey, but my parents would not allow this (so I went for business and played hockey 5 days a week outside of school, with 18 credits a semester from 7am to 9pm on Tuesdays and Thursdays for a few years). My family genetics are not conducive to a long and productive hockey career, so perhaps it was wise to secure the academic background instead, but all things being equal, it would have been great to go down that road! Maybe coaching hockey would be a more realistic option these days if the whole psych faculty thing falls through!"



## **Andrew S. Franklin, Ph.D.**

Dr. Franklin completed his doctoral training at Virginia State University under the tutelage of Dr. Katrina Walker. While in the Richmond area, he worked on a psychosocial rehabilitation program in Petersburg, VA that provided services to individuals with severe mental illness. He then completed his pre-doctoral internship at the Children's Hospital of the King's Daughters (CHKD) Child Abuse Program (CAP) in Norfolk, Virginia. While working at CAP, he used an evidence based treatment called trauma-focused cognitive behavioral therapy to assist children and their family members recovering from different types of child abuse. Dr. Franklin joined the Consortium after completing his internship. Dr. Franklin's research interests include individual/personal variables that are related to academic performance. Specifically, he is passionate about conducting research involving spirituality and religious coping methods.

# Research across the Consortium

Many individuals who are students, graduates, or faculty within the Consortium deserve special recognition for their recent research accomplishments.

## Recent Publications

Tassy, F. & Winstead, B. (2014). Relationship and individual characteristics as predictors of unwanted pursuit. *Journal of Family Violence*, 29, 187-195.

Kelley, M. L., Milletich, R. J., Lewis, R. J., Winstead, B. A., Lau-Barraco, C., Padilla, M. A., Lynn, C. (in press). Predictors of perpetration of men's same-sex partner violence. *Violence and Victims*.

Lewis, R. J., Padilla, M. A., Milletich, R. J., Kelley, M. L., Winstead, B. A., Lau-Barraco, C., & Mason, T. B. (in press). Emotional distress, alcohol use, and bidirectional partner violence among lesbian women. *Violence Against Women*.

Heron, K.E., Scott, S.B., Sliwinski, J., & Smyth, J.M. (in press). Eating behavior and mood in women's everyday lives. *International Journal of Eating Disorders*. DOI: 10.1002/eat.22292.

Smyth, J.M. & Heron, K.E. (2014). Ecological Momentary Assessment [EMA] in family research. In S.M. McHale, P. Amato, & A. Booth (Eds.), *Emerging Methods in Family Research* (pp. 145-161). Springer International Publishing: Switzerland.

Robert Daniel Vorona MD, Mariana Szklo-Coxe PhD, Rajan Lamichhane PhD, J. Catesby Ware PhD, Ann McNallen PhD, David Leszczyszyn MD, PhD. Adolescent Crash Rates and School Start Times in Two Central Virginia Counties, 2009- 2011: A Follow-up Study to a Southeastern Virginia Study, 2007-2008. Accepted: 8/20/2014, J Clinical Sleep Medicine.

Parekh P, Oldfield E, Chalapalli Sri V, Ware JC, Johnson D. Sleep disorders and inflammatory disease activity: Chicken or the egg? *Amer. J Gastroenterology*. In press. 2014

Vorona RD, Szklo-Coxe M, Ware JC. Hypnotic Hiccups. *BMJ Case Reports*. Published online 10 March 2014.

Debb, S.M. (2014). Transforming destructive conflicts and the importance of social justice. *Jewish News*, 52(14), 30.

## Recent Presentations

LaTulip, S., Winstead, B.A., Lewis, R., & Scerbo, M. (2014). *Depression, Anxiety, and Attachment as Predictors of the Use and Quality of Cyber Communication*. American Psychological Association, Washington, DC.

Heron, K.E, Smyth, J.M., Conroy, D., Sciamana, C. & Rovniak, L. (2014) The development and evaluation of a mobile real-time physical activity intervention. In D.E. Conroy (Chair), *How Ecological Momentary Methods are Advancing Theory, Assessment, and Intervention Development for Physical Activity*. Symposium conducted at the annual meeting of the Society of Behavioral Medicine, April 2014, Philadelphia, PA.

Heron, K.E. & Smyth, J. (2014). Developing and evaluating a tailored Ecological Momentary Intervention [EMI] for young women with disordered eating behavior. In G.F. Dunton (Chair), *Challenges and Considerations in Creating Ecological Momentary Interventions for Disordered Eating Behaviors*. Symposium conducted at the annual meeting of the Society of Behavioral Medicine, April 2014, Philadelphia, PA.

Heron, K.E., Locke, E.L. Johnson, K.D., Scott, S.B., & Everhart, R.S. (2014). Answering methodological questions about optimal response format by incorporating an experimental design into two ongoing observational studies. Paper presented at the annual meeting of the International Field Directors & Technology Conference, May 2014, Anaheim, CA.

Debb, S.M., Colson, D., & Hacker, D. (2014, August). Initial Validation of the Connor-Davidson Resiliency Scale with African-American College Students. Poster presented at the 121st annual convention of the American Psychological Association, Washington, D.C.

Debb, S.M., & Stolfa, T. (2014, November). A community-based approach to meeting the needs of families with an Autism-spectrum child: Best practices through case study. Paper to be presented at the Virginia Counselors Association annual convention, Williamsburg, VA.



## Research Day

On Friday, September 26<sup>th</sup>, the program celebrated its second annual Research Day! Research Day highlights promising and innovative research conducted by current students under the guidance of their research mentors. Nine students presented at Research Day (names and presentation titles are listed below). We'd like to extend a special thanks to Dr. Winstead for leading the event.

### Michelle Crewe

*Faculty Mentor: Dr. Barbara A. Winstead (ODU)*  
The Effects of Primary and Secondary Assortative Mating for Alcohol Misuse on Relationship Satisfaction, Alcohol Use, and Alcohol Consequences

### Cristina Bain

*Faculty Mentor: Dr. Cathy Lau-Barraco (ODU)*  
Risk Perception Mediating the Relationship between Norms and Alcohol Outcomes in College Students

### Erin Kurtz

*Faculty Mentor: Dr. Michelle L. Kelley (ODU)*  
Effects of Parental Alcoholism and Trauma Exposure on Depressive Symptoms: Mediation Pathways through Resilience, Social Support, and Family Satisfaction

### Michele Laaksonen

*Faculty Mentor: Dr. Desideria S. Hacker (NSU)*  
Shame and Guilt following Sexual Trauma

### Jacqueline Haywood

*Faculty Mentor: Dr. Desideria S. Hacker (NSU)*  
African American Students' Reactions to the Zimmerman Verdict: What Role Does Co-Rumination Play?

### Takeshia Williams

*Faculty Mentor: Dr. Kathrin N. Hartmann (EVMS)*  
Perceived versus Physiological Stress of Parents of Children with Autism Spectrum Disorder: A Pilot Study

### Emily Oettinger

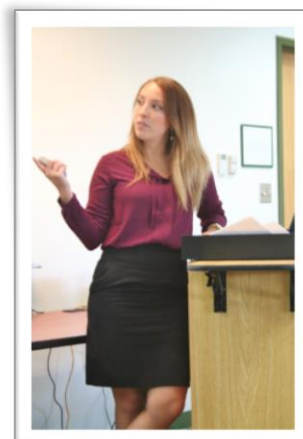
*Faculty Mentor: Dr. James F. Paulson (ODU)*  
Moderating Effects of Day Care on Cognitive Development of Children with Depressed Mothers

### Eva Panigrahi

*Faculty Mentor: Dr. Barbara A. Cubic (EVMS)*  
The Impact of Race, Gender, Social Isolation, and Functional Deficits on Eating Behaviors and Body Mass Index among Bariatric Candidates

### Sara Bock

*Faculty Mentor: Dr. Robin J. Lewis (ODU)*  
Protective Effects of Social Support and Self-Esteem on Sexual Minority Young Adults' Mental Health



# Upcoming Trainings & Seminars

Here is a list of some upcoming trainings and seminars in the Hampton Roads area.

## I. WISC-V Workshop

- A. Description: The Virginia Consortium and EVMS are sponsoring a half day workshop on the WISC-V. The workshop will be presented by Pearson consultants, Drs. Peter C. Entwistle and Susan B. Wallace. The presenters will offer their perspectives on the revision process. In-depth didactic instruction and hands-on experience will be used to convey the critical aspects of the revision. Provides 3 CEU.
- B. Location: ODU Webb Center, River Rooms
- C. Date and Times: **November 5<sup>th</sup>** from 9am-1pm and 1-4pm

## II. Mplus Workshop

- A. Description: ODU faculty member, Dr. Abby L. Braitman will conduct a workshop on the Mplus statistical software and its applications. This workshop is intended to introduce attendees to the Mplus software, as well as how to execute basic or more intermediate functions. Hands-on training will also be provided.
- B. Location: ODU Perry Library, Learning Commons 1310-1311
- C. Date and Time: **November 7<sup>th</sup>** from 12-3:30pm

## III. EVMS: Psychiatric Grand Rounds

- A. Description: The Psychiatric Grand Rounds at EVMS are an opportunity for faculty and students to highlight prevalent psychiatric conditions.
- B. Location: Hofheimer Hall Auditorium
- C. Dates and Times:
  - i. Wednesday, **November 12<sup>th</sup>** from 12-1pm: TBD
  - ii. Tuesday, **November 25<sup>th</sup>** from 8-9am: Resident Series: TBD
  - iii. Wednesday, **December 10<sup>th</sup>** from 12-1pm: ASD Quarterly Series: ECT and Autism

## IV. Regent University: Cultural Diversity Lunch Series

- A. Description: The Cultural Diversity Lunch Series is an initiative designed to promote cultural awareness, student professional development, and spiritual integration. Regent Psy.D. students present work that addresses various dimensions of diversity (e.g., race/ethnicity, socioeconomic status, gender, physical ability, marital status, sexual orientation, and spiritual/religious orientation). Provides 1 CEU.
- B. Location: TBD
- C. Dates and Times:
  - i. Monday, **November 3<sup>rd</sup>** from 12-1pm: Actualizing Resilience: Older Adolescent Youth in Foster Care or Transitioning from Foster Care
  - ii. Monday, **November 17<sup>th</sup>** from 12-1pm: Socialization and Parental Attachment in Transracial Adoptions
  - iii. Thursday, **January 8<sup>th</sup>** from 12-1pm: Prime for Life: An Evidence Based Alcohol Prevention Program
  - iv. Monday, **February 9<sup>th</sup>** from 12-1pm: Marital Counseling with Multicultural Partners: Considerations and Techniques

Below are some of the exciting conventions to come in 2015. Mark your calendars now!

- I. Southeastern Psychological Association (SEPA) Annual Meeting: **March 18-21<sup>st</sup>** at the Westin Hilton Head Island Resort & Spa in Hilton Head, South Carolina
- II. Virginia Psychological Association (VPA) Spring Convention: **April 15-27<sup>th</sup>** at the Sheraton Oceanfront in Virginia Beach, VA
- III. Virginia Academy of Science (VAS) Annual Meeting: **May 17-20<sup>th</sup>** at the University of Mary Washington in Fredericksburg, VA
- IV. Association for Psychological Science (APS) Convention: **May 21-24<sup>th</sup>** at the New York Marriott Marquis in New York, NY
- V. American Psychological Association (APA) Convention: **Aug 6-9<sup>th</sup>** at the Metro Toronto Convention Centre in Toronto, CA

Thank you for reading this issue of the Virginia Consortium Newsletter.

*Be Well!*

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