



VIRGINIA CONSORTIUM NEWSLETTER

November 2016

Welcome Our 1st-Year Students!

Welcome to our 1st-year students! Here are some quick bios to get to know them better.

Laurel Brockenberry (Third from Right)

From: Portsmouth, VA

Graduated from: College of William and Mary, B.S. in Psychology

Research Interests: Beliefs and motivations behind smoking behavior, the effect of emotion regulation on smoking cessation.

Fun Fact: Favorite animal is an owl.

Kelsey Ellis (Second from Left)

From: Misawa Air Base, Japan

Graduated from: Old Dominion University, B.S. in Psychology

Research Interests: Parent-child relationships; harsh parenting; the emotional and cognitive capacities required in parent decision-making (specifically in fathers)

Fun Fact: Lived in Japan for most of my life.

Quandrea Harper (Second from Right)

From: Newport News, VA

Graduated from: Virginia Commonwealth University, B.S. in Psychology

Research Interests: Individual and familial coping and resilience related to social, cultural, and religious practices

Fun Fact: Prior to 2013, I was terrified of dogs. In 2014, I got my first dog (Milo) and now I am a proud owner of two dogs (Milo and Niko)

John Schwartz (Immediate Left)

From: Ortonville, MI

Graduated from: Michigan State University, B.S. in Psychology; Francis Marion University, M.S. Clinical/Counseling Psychology

Research Interests: ACT for chronic pain patients with insomnia, health care integration, and barriers to counseling/ use of MI techniques with military populations.

Fun Fact: I lived with a Mennonite family and worked as a farmhand for part of a summer to experience their lifestyle.

Phoebe Hitson (Third from Left)

From: Norfolk, VA

Graduated from: Old Dominion University, B.S. in Psychology, M.S. in Experimental Psychology.

Research Interests: Unwanted pursuit, stalking, and intimate partner violence.

Fun Fact: I would love to have my own cooking show on WHRO Create.

Daniel Schaffer (Immediate Right)

From: Huntington Beach, CA

Graduated from: Barton College, Wilson,

Research Interests: The efficacy of using Transcranial Magnetic Stimulation to treat co-morbid depression in Alzheimer and dementia patients.

Fun Fact: I have a Second Degree Senior Black Belt in Tae-Kwon-Do, and I also did European fencing and specialized in longsword, dagger, bo staff, messer, and twin messer.

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What's New in the Consortium?

By Robin Lewis, Ph.D., DCT

The last six months in the Consortium can be described in one word – CHANGE. Last spring we welcomed back recent graduates *Stacey Bayan, Jamie Grisham, Claire Kelley, Casey Iwai, and Lewis Hackett* and their families as they were recognized at the Program's end of the year celebration. In July, Eileen O'Neill retired after 37 years of service and we welcomed Elaine Ross to the Consortium. We had wonderful retirement celebration for Eileen in October as alumni from near and far joined us in thanking her for all she has done over many years for the Program. Elaine is "learning the ropes" and doing a phenomenal job juggling the many activities necessary to keep the Program running smoothly. Two of the three Provosts (NSU and ODU) who serve as our "Board of Directors" either retired or went back to teaching. New Provosts at NSU and ODU will step in for the annual Provost meeting in the spring to join the EVMS Provost.



Pictured above: Lewis Hackett (far left), Casey Iwai, Stacey Bayan, Claire Kelley, & Jamie Grisham (far right).

Drs. J.D. Ball and Bob Archer (EVMS) and Dr. Louis Janda (ODU) retired after many years of service to the Program. We are pleased to welcome two new faculty members to the Program, Drs. Nicole Kreiser (EVMS) and Matt Judah (ODU). Please learn more about them in the spotlight in this newsletter.

On the administration side, Dr. Mike Stutts stepped down as A-DCT although he still serves on the Advisory Panel. Dr. Rick Handel is now an Associate Director of Clinical Training (A-DCT) along with Dr. Desi Hacker. The Panel and faculty have also been busy learning about APA's new Standards of Accreditation (SoA) and working on a curriculum review so that we will be in compliance with these new standards for clinical training programs by January 1.

Finally, we are pleased to announce two new student awards – The Eileen O'Neill Student Service Award and the Candace M. Shorter Distinguished Student Award. Funding permitting, these awards will be given annually to outstanding students in the Program. You can read more about these, and learn how you can help us fund them, later in the newsletter.

As Thanksgiving approaches, I am thankful for all who contribute their time, energy, and support to the Consortium. We are a unique model of institutional cooperation bringing together three administrations, faculty, and campuses. I am also thankful for our current students and alumni who represent the Program so well and continue to impress us with their accomplishments.

As always, we want to keep in touch with our alumni – please send a note and let us know how you are doing and how we can stay in touch via email. Feel free to email our graduate assistants who route incoming program email at vcpcpga@gmail.com or me at rlewis@odu.edu.

With best wishes for a joyous and meaningful holiday season and a happy and healthy new year,

Robin

Robin Lewis
Director of Clinical Training



Congratulations, Recent Graduates!



Emily Oettinger graduated with her PhD in August and moved to Boston. She is currently completing a postdoctoral fellowship at the Edith Nourse Rogers Memorial VAMC and UMass Medical School in Primary Care Behavioral Health. Next year she will trade her winter coat for cowboy boots in the transition to Texas to be with her partner who is currently stationed there. She plans to pursue a career in health psychology either in a VA setting or as a civilian in a military setting.

Valerie Ward graduated with her Psy.D. from the consortium in August 2016. She is now a full-time staff clinician at George Mason University's Counseling and Psychological Services Office, located just outside of D.C. Valerie is currently working

on becoming licensed in the state of Virginia. Additionally, she, her husband, and their 3-year-old daughter, are eagerly awaiting the birth of a second child in April 2017.

Alexis Chappell completed her internship at Eastern Virginia Medical School on the inpatient medical track. She is now completing a postdoctoral fellowship in neuropsychology with Hampton Roads Neuropsychology. She plans to specialize in the diagnosis and treatment of neurodegenerative disorders.

Takeshia Williams completed her internship at Eastern Virginia Medical School in July, began a post-doctoral position at the Children's Hospital of the King's Daughters in September, and obtained licensure in October 2016. At the completion of her post-doctoral year, she will remain on staff at CHKD in the Department of Child and Family Guidance and Consultation as a staff psychologist. Her primary role will be to assist with the development and implementation of pediatric consultation-liaison services for inpatients with co-occurring medical and mental health needs.

Erin Kurtz completed her internship at the VA St. Louis Health Care System in July and received her Ph.D. from the Consortium in August. She is currently a 2-year MIRECC Advanced Psychology Fellow in post-deployment mental health at the McGuire VAMC in Richmond, VA. She and her husband are eagerly anticipating the arrival of their first child in November.



Pictured Above: left to right Sara Bock Davis, Emily Oettinger & Takeshia Williams

Research across the Consortium

We are proud to recognize individuals who are students, graduates, or faculty within the Consortium for their recent research accomplishments.

Recent Publications

Braitman, A. L., Linden-Carmichael, A. N., Stamates, A. L., & Lau-Barraco, C. (in press). Socio-cognitive factors and perceived consequences associated with alternative forms of alcohol use. *Journal of American College Health*.

Filipkowski, K.B., Heron, K.E., & Smyth, J.M. (2016). Early adverse experiences and subsequent health and adjustment: The transition to college. *American Journal of Health Behavior*, 40, 717-728.

Franklin, A. S., Debb, S. M., & Colson, D. G. (2016). Predictors of Academic Self-Concept for African American College Students. *Journal of Black Psychology*. Advance online publication. doi: 10.1177/0095798416671578.

Heron, K.E., Miadich, S. A., Everhart, R.S., & Smyth, J.M. (in press). Ecological momentary assessment and related intensive longitudinal designs in family and couples research. In B. Fiese, K. Deater-Deckard, M. Celano, E. Joyriles, & M. Whisman (Eds.), *APA handbook of contemporary family psychology*.

Keefer, A., Kreiser, N. L., Singh, V., Blakely-Smith, Al, Duncan, A., Johnson, C., Klinger, L., Meyer, A., Reaven, J., Vasa, R. (2016). Intolerance of uncertainty predicts anxiety outcomes following CBT in youth with ASD. Special Issue in *Journal of Autism and Developmental Disorders*.

Kelley, M. L., Milletich, R. J., Hollis, B. F., Veprinski, A., Robbins, A. T., & Snell, A. K. (2016). Social support and relationship satisfaction as moderators of the stress-mood-alcohol link association in U.S. navy members. *Journal of Nervous and Mental Disease*. doi: [1097/NMD.0000000000000555](https://doi.org/10.977/NMD.0000000000000555)

Lau-Barraco, C., Braitman, A. L., Stamates, A., & Linden-Carmichael, A. N. (2016). Alcohol use variability in a community-based sample of nonstudent emerging adult heavy drinkers. *American Journal of Drug and Alcohol Abuse*. Advance online publication.

Lau-Barraco, C., Braitman, A. L., Stamates, A., & Linden-Carmichael, A. N. (2016). A latent profile analysis of daily alcohol use by nonstudent emerging adults. *Addictive Behaviors*. Advance online publication.

Lewis, R. J., Mason, T. B., Winstead, B. A., & Lau-Barraco, C. (accepted for publication). Minority stress, social factors, drinking motives, alcohol use, and alcohol-related problems among lesbian women. *Journal of Social Issues*.

Lewis, R. J., Mason, T. B., Winstead, B. A., Gaskins, M., & Irons, L. B. (2016). Pathways to hazardous drinking among racially socioeconomically diverse lesbian women: Sexual minority stress, rumination, social isolation, and drinking to cope. *Psychology of Women Quarterly*, Advance online publication. DOI: 10.1177/0361684316662603

Maddux, J.E., & Winstead, B.A., (Eds.). (2016). *Psychopathology: Foundations for a contemporary understanding*, (4th Edition). NY, NY: Routledge.

Maddux, J.E., Gosselin, J.T. & **Winstead, B.A.** (2016). Conceptions of psychopathology: A social constructionist perspective. In Maddux, J.E., & Winstead, B.A. (Eds.) *Psychopathology: Foundations for a contemporary understanding* (4th Edition). NY, NY: Routledge.

Mason, T. B. & **Heron, K.E.** (in press). Binge eating and psychosocial adjustment throughout emerging adulthood. *Eating Behaviors*. (Impact Factor: 1.680)

Mason, T. B., **Heron, K. E.**, Braitman, A. L., **Lewis, R. J.** (2016). A daily diary study of perceived social isolation, dietary restraint, and negative affect in binge eating. *Appetite*, 97, 94-100.
doi:10.1016/j.appet.2015.11.027

Mason, T. B., & **Lewis, R. J.** (accepted for publication). Examining social support, rumination, and optimism in relation to binge eating among Caucasian and African-American college women. *Eating and Weight Disorders*.

Mason, T. B., & **Lewis, R. J.** (2016). Minority stress, body shame, and binge eating among lesbian women: Social anxiety as a linking mechanism. *Psychology of Women Quarterly*, 40, 428-440 doi:10.1177/0361684316635529

Mason, T.B., **Lewis, R. J.**, Gargurevich, M. & **Kelley, M. L.** (2016). Minority stress and intimate partner perpetration among lesbians: Negative affect, hazardous drinking, and intrusiveness as mediators. *Psychology of Sexual Orientation and Gender Diversity*. Advance online publication. doi: [10.1037/sgd0000165](https://doi.org/10.1037/sgd0000165)

Mason, T. B., Maduro, R.S., **Derlega, V.J.**, **Hacker, D.S.**, **Winstead, B.A.**, **Haywood, J.E.** Individual Differences in the Impact of Vicarious Racism: African American Students React to the George Zimmerman Trial. *Cultural Diversity and Ethnic Minority Psychology*, No Pagination Specified. <http://dx.doi.org/10.1037/cdp0000099>

Lewis, R. J., Mason, T. B., **Winstead, B. A.**, & **Kelley, M. L.** (2016). Empirical investigation of a model of sexual-minority specific and general risk factors for intimate partner violence among lesbian women. *Psychology of Violence*. Advance online publication doi:10.1037/vio0000036

Qualls, L. R. and Corbett, B. A. (In press). Examining the relationship between social communication on the ADOS and real-world reciprocal social communication in children with ASD. *Research in Autism Spectrum Disorders*.

Robbins, A. T., Jinkerson, J. D., & **Kelley, M. L.** (in Press). Theoretical Pathways to Substance Abuse through Moral Injury in Combat Veterans. In R. MacNair (Ed.), *Perpetration-Induced Traumatic Stress: The Psychological Consequences of Killing* (2nd ed.).

Stamates, A. L., Linden-Carmichael, A. N., & **Lau-Barraco, C.** (in press). Mixing alcohol with artificially sweetened beverages: Prevalence and correlates among college students. *Addictive Behaviors*.

Sheehan, B.E., & **Lau-Barraco, C.** (in press). A conceptual model of ego depletion and alcohol-related aggression. *Aggression and Violent Behavior*.

Smyth, J.M. & **Heron, K.E.** (in press). Is providing mobile interventions “just-in-time” helpful? An experimental proof of concept study of just-in-time interventions for stress management. *IEEE Engineering in Medicine and Biology*.

Winstead, B. A., Lewis, R. J., Kelley, M. L., Mason, T. B., Calhoun, D. M., & Fitzgerald, H. N. (accepted for publication). Intervention for violence and aggression in gay and lesbian relationships. In P. Sturmey (Ed.), *The Wiley handbook of violence and aggression*.

Winstead, B.A., & Sanchez-Hucles, J. (2016). The role of gender, race, and class in psychopathology. In J.E. Maddux & B.A. Winstead (eds.), *Psychopathology: Foundations for a contemporary understanding* (4th Edition) NY, NY: Routledge.

Recent Presentations

Bivens, T., Haywood, J., Williams, T., & Hacker, D. (2016, September). *The Role of Social Support on Sexual Behaviors Among African-American College Students*. Oral presentation at the Association of Black Sexologists and Clinicians Conference, Fort Lauderdale, FL.

Braitman, A.L., Kelley, M.L., Heron, K.E., Lewis, R.J., & Pearson, M. *Developing a daily assessment of alcohol-related consequences: Examining intra-individual item variability*. Poster presented at the annual meeting of the Association for Psychological Sciences, May 2016, Chicago, IL.

Busch, R., Seagly, K.S., Garrity, J., Memon, H., Sayegh, P., & Neumann, S.A. (October 2016). *PTSD Treated with a Combination of Prolonged Imaginal Exposure and TMS Targeting the Dorsolateral Prefrontal Cortex and the Supplemental Motor Cortex: A Case Report*. Poster presented at the Psychiatric Society of Virginia Fall 2016 Meeting, Roanoke, VA.

Calhoun, D., Lewis, R. J., & Braitman, A. L. (2016, May). *Racial/ethnic differences in lesbian women's IPV, hazardous drinking, parental violence, and sexual minority stress*. Poster to be presented at the 28th annual convention of the Association for Psychological Science, Chicago, IL.

Cubic, B. A. (2016, September). *Psychological impact of bariatric surgery*. Presented at the 3rd Annual Current Concepts in the Management of Obesity Conference, Norfolk, Virginia.

Cubic, B. A. (2016, September). *Evidence based assessment and treatment of anorexia nervosa and bulimia nervosa*. One hour continuing education program presented at the Portsmouth Naval Medical Center Grand Rounds, Portsmouth, Virginia.

Debb, S. M. (March 2017). *Freshman Student Resilience at HBCU's: Fostering Persistence to Degree Completion*. Education Session to be presented at the American Counseling Association 2017 Conference & Expo, San Francisco, CA.

Duncan, E.A.W. (2016, October). "Empowering Self Care for Young Women." 9th Annual Women's Wellness: Mental Health Matters, Norfolk, VA.

Duncan, E.A.W. (2016, October). "Ambiguous Loss: Breaking the Silence of Depression, Abuse and Trauma." 9th Annual Women's Wellness: Mental Health Matters, Norfolk, VA.

Holmes, K.Y & Boyd, K.L 2016, October) "Putting Statistics into Context: An Instructional Framework for Non-Statistics Instructors Wishing to Teach Statistics Concepts in their Content Rich Courses" 18th Annual Mid-Atlantic Teaching of Psychology Conference, Largo, MD.

Howard, L., Haislip, B., & Heron, K.E. (2016). Exploring ethnic identity and peer norms: A key to understanding differences and similarities in eating pathology between African American and European American college women. Poster presented at the annual meeting of the Psychology Section of the Virginia Academy of Sciences, May 2016, Fredericksburg, VA.

Kreiser, N. L., Keefer, A., Signh, A., Mostofsky, S.H., & Vasa, R.A. (2016, May). Relationships between anxiety, autism spectrum disorder characteristics, and intolerance of uncertainty. In **N. L., Kreiser & C. Pugliese** (Co-Chairs), *Efforts towards a more cohesive understanding of anxiety in ASD: Correlates and Underlying Mechanisms*. International Meeting for Autism Research, Baltimore, Maryland.

Lewis, R. J. (2016, June). *Sexual minority stress, alcohol use, and IPV over time among lesbian women*. Invited Presentation at the 2nd Occasional Meeting of the NIAAA Working Group on Intervention Development for Alcohol-Related Sexual and Intimate Partner Violence at the Research Society on Alcoholism.

Lewis, R. J., Winstead, B. A., & Braitman, A. L. (2016, May). *Discrepant drinking predicts partner violence over time in lesbians' relationships*. Poster presented at the 28th annual convention of the Association for Psychological Science, Chicago, IL.

Linden-Carmichael, A. N., & Lau-Barraco, C. (2016, June). *A daily diary examination of caffeinated alcoholic beverages and alcohol-related problems*. Poster presented at the annual meeting of the Research Society on Alcoholism, New Orleans, LA.

MacIntyre, R., Hamrick, H., Heron, K.E., Scott, S.B., & Juth, V. (2016). Association between traumatic life events and social and psychological functioning in college students. Poster presented at the annual meeting of the Psychology Section of the Virginia Academy of Sciences, May 2016, Fredericksburg, VA.

Robbins, A. T., Yilmaz, B., Kelley, M. L., Hollis, B., & Bravo, A. (2016, November). Moral Injury as a Mediator between Combat and Facets of Hazardous Drinking Among U.S. Military Personnel and Veterans. Poster to be presented at the annual meeting of the International Society of Traumatic Stress Studies, Dallas, TX.

Robbins, A. T. (2016, September). Theoretical Pathways to Substance Abuse through Moral Injury. In B. Buechner (Chair), Moral injury in combat veterans. Symposium presented the annual summit of the Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury, Washington, DC.

Robbins, A. T., & Jinkerson, J. (2016, September). Secondary Symptoms of Moral Injury and Substance Use. Presentation given at the annual meeting of the American Psychological Association, Denver, CO.

Robbins, A. T., Yilmaz, B., Kelley, M. L., & Hollis, B. (2016, August). Moral Injury and Alcohol Use Among Military Men and Women. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.

Stamates, A. L., Silvia, A., & Lau-Barraco, C. (2016, June). Alcohol cue effects on impulsivity and craving in caffeinated alcohol users. Poster presented at the annual Research Society on Alcoholism, New Orleans, LA.

White, T., Price, R., Hollis, B. F., Bravo, A. J., Kelley, M. L. & Robbins, A. T. (2016, May). Moral injury and alcohol-related problems among male and female veterans. Poster submitted to annual meeting of the Association for Psychological Science, Chicago, IL.

Winstead, B. A., Lewis, R. J., & Braitman, A. L. (2016, May). *Sexual minority stigma, psychological and relationship factors predict interpersonal violence via problem drinking in lesbian couples*. Poster presented at the 28th annual convention of the Association for Psychological Science, Chicago, IL.

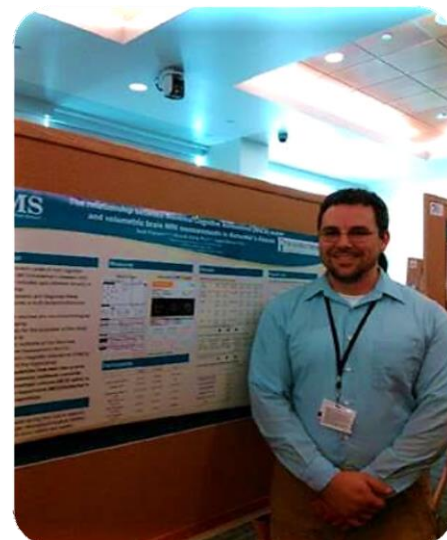
Winstead, B. A. & Hitson, P. T. (2016, May). *Bidirectional and unidirectional intimate partner violence in a young adult sample*. Poster presented at the 28th annual convention of the Association for Psychological Science, Chicago, IL.

Jennifer Flaherty, Ph.D. presented at the Tidewater Academy of Clinical Psychology on 11/15/16 from 07:00pm-08:30pm.

CEs: 1.5 hours (APA approved)

Place: Hampton/Newport News Community Services Board (300 Medical Drive, Hampton, VA; Building 300, Room 1356 A&B)

The topic was **Differentiating Traumatic Brain Injury from Mental Health Disorders: Diagnosis, Assessment & Treatment Recommendations.**



Pictured above: Sean Flannery

Grants

Drs. Robin Lewis, Michelle Kelley, Cathy Lau-Barraco, Barbara Winstead, & Abby Braitman received NIH funding to continue research that focuses on sexual minority stress, alcohol use, aggression and relationship factors among same-sex female partners. The project is titled, Alcohol use, relationship factors, minority stress, and psychological well-being: A daily process examination among young adult females.

Dr. Kelli Will received federal funding for a project titled, Reenergizing “Boost ‘em in the Back Seat:” A New Decade of Behavior Change. US Department of Transportation & Virginia Department of Motor Vehicles (Federal 402 grant mechanism).

Drs. Paul Harrell, Kelli Will, and EVMS colleagues received funding for a project titled, “Assessing the Impact of Smoke Free Public Housing on Smoking Behavior, Environmental Tobacco Smoke, Third Hand Smoke, Other Tobacco Use, and Smoking-Related Disparities.” Housing and Urban Development Healthy Homes Technical Studies Research Program.

Dr. Desi Hacker received federal funding for a project titled “Project Choice: NLM Information Access”. National Library of Medicine. The project will develop an informational iBook on HIV/AIDS targeting African American adults.

Awards & Honors

Dr. Richard Handel

2015 Bud Orgel Award for distinguished achievement in research (Association of Psychologists in Academic Health Centers):

Handel, R.W. (in press). Autobiography of Richard W. Handel, Ph.D. *Journal of Clinical Psychology in Medical Settings*.

Handel, R.W. (in press). An introduction to the Minnesota Multiphasic Personality Inventory-Adolescent-Restructured Form (MMPI-A-RF). *Journal of Clinical Psychology in Medical Settings*.

Dr. Paul Harrell

Paul Harrell, PhD, Assistant Professor of Pediatrics, is one of two researchers selected from around the world for the *Journal of Substance Abuse Treatment* (JSAT) Editorial Fellowship Program for 2016-17. JSAT is the leading scientific journal dedicated to addiction treatment services and implementation research.

“Dr. Harrell successfully competed with a large group of applicants from across the United States and internationally,” says Mark McGovern, JSAT’s Editor-in-Chief. His experience in many aspects of addiction research, as well as his productive publication record, were the primary reasons for his selection. Dr. Harrell’s career in this field is on a rapid and upward trajectory, and we are thrilled to have him join this class of two editorial fellows.” The other fellow selected is from Johns Hopkins University School of Medicine.

Dr. Harrell joined EVMS in September 2015 from postdoctoral fellowships at the Moffitt Cancer Center at the University of South Florida and the Johns Hopkins University Bloomberg School of Public Health. Through a grant from the National Institutes of Health and a newly awarded Virginia Foundation for Healthy Youth grant, he is leading a research team working to enhance the understanding of beliefs of young adults and Virginia youth related to the use of e-cigarettes.

Dr. Robin J. Lewis

Elected a fellow in Division 35 of APA (Psychology of Women).

Rachel MacIntyre

Won the Virginia Academy of Sciences Best Psychology Student Paper Award in May, 2016 for her presentation titled: *Association between traumatic life events and social and psychological functioning in college students*.

Research Day!

On Friday, September 23, clinical doctoral students participated in the VCP's fourth annual Research Day. Third and fourth year students gave presentations of their completed research projects. The research covered a wide variety of topics, represented by the titles listed below. A large audience of students and faculty followed the presentations with questions and comments. Research Day is an opportunity for students and faculty to learn more about the research going on within the Consortium. Clinical students are required to present at least once, but all students are invited to participate. We are already looking forward to next year's Research Day! - **Dr. Barbara Winstead**

Tiphonie Bivens

Faculty Mentors: Dr. Desi S. Hacker & Dr. Darlene G. Colson (NSU)

Risk Perception, Condom Negotiation, and Condom Use Pre- and Post- Intervention among African-American College Students

Dominique Blanchette

Faculty Mentor: Dr. Robin J. Lewis (ODU)

Disclosure of Sexual Behaviors in African-American Men who have Sex with Men and Women

Jessica Block

Faculty Mentor: Dr. James F. Paulson (ODU)

Relationship Satisfaction and Coparenting over the Transition to Parenthood: Depression, Division of Labor, and Child Temperament as Moderators

Denise Calhoun

Faculty Mentor: Dr. Robin J. Lewis (ODU)

Sexual Minority Stress, Intimate Partner Violence, and Alcohol Use among Racially and Ethnically Diverse Lesbian Women

Sean Flannery

Faculty Mentor: Dr. Michael Stutts (EVMS)

The Relationship between Montreal Cognitive Assessment (MoCA) Scores and Volumetric Brain MRI Measurements

Alex Shappie

Faculty Mentor: Dr. Scott Debb (NSU)

Predicting Student Achievement at an HBCU: The Role of Student Engagement



Pictured above (from left to right): Alex Shappie, Dominique Blanchette, Denise Calhoun, Tiphonie Bivens, & Jessica Block. *Sean Flannery not pictured.

Upcoming Conferences

- I. January 3rd-6th 2017 - **National Institute on the Teaching of Psychology (NITOP) 39th Annual Conference**, The TradeWinds Island Grand Resort, St Pete Beach, FL
Description: Psychology teachers from high schools, colleges, and universities come together to discover ideas that will improve and extend the teaching skills of attendees. Notable speakers will discuss a variety of topics and instruct those present on inventive and original teaching methods and course content changes.
- II. March 29th - April 1st, 2017 - **Society of Behavioral Medicine (SBM) 38th Annual Meeting**, Hilton San Diego Bayfront, San Diego, CA
Description: This conference features a multidisciplinary gathering of clinicians, educators, and scientists promoting the study of behavioral interactions with biology and the environment and applying that knowledge to increase the health and well-being of families, individuals and communities. This year's theme is "Behavioral Medicine at a Crossroads: 21st Century Challenges and Solutions."
Deadline for Rapid Communication Poster Submissions: **Dec. 28, 2016**
- III. March 8th - March 11th, 2017 - **Southeastern Psychological Association (SEPA) 63rd Annual Meeting**, The Grand Hyatt Atlanta, Atlanta, GA
Description: This year's program features student, academic, and professional presentations from colleges and universities across the Southeast. A variety of psychological topics are covered in poster sessions, paper presentations, and continuing education conferences.
- IV. April 20-22th, 2017 - **Midwestern Psychological Association (MPS) Annual Meeting**, Palmer House Hilton, Chicago, IL
Description: This conference is an opportunity to share research across all areas of psychology through invited speakers, papers and posters, workshops, discussions, and more!
- V. May 17-19th, 2017 - **Virginia Academy of Science (VAS) 95th Annual Meeting**, Virginia Commonwealth University, Richmond, VA
Description: This year's annual meeting is sponsored by the University of Mary Washington and includes presentations by undergraduate and graduate students on diverse scientific topics ranging from biology to computer science to psychology and more.
- VI. May 25-28th, 2017 - **Association for Psychological Science (APS) 29th Annual Convention**, Sheraton Boston Hotel, Boston, MA
Description: This convention attracts students and professionals from across the country for symposia, talks and addresses, cross-cutting themes programs and posters on a variety of psychological topics.
Deadline for Symposium Submissions: **Dec. 1, 2016**; Deadline for Poster Submissions: **Jan. 31, 2017**
- VII. August 3-6th, 2017 - **American Psychological Association (APA) Convention**, OMNI Shoreham Hotel, Washington, D.C.
Description: As one of the largest gatherings of psychologists in America, this conference in the Mile-High city is one any budding psychologist won't want to pass on. With a multitude of presenters, posters, and networking opportunities, it is sure to be a very educational experience for new and returning conference-goers alike.
Deadline for Poster and Paper Submissions: **Dec. 1, 2016**. For deadlines for regarding other types of submissions, see the website, <http://www.apa.org/convention/proposals.aspx?tab=3>.

Retiring Faculty Spotlight: Dr. JD Ball



Through 35 years with the Virginia Consortium Program in Clinical Psychology, I had the opportunity to teach multiple different courses, electives, and independent readings, chair 24 dissertations (and serve on 57 dissertation committees), closely supervise many exceptional students in advanced neuropsychology and other practica, chair various VCPCP committees, and serve for 15 years on the Council of Directors for the Program. These experiences leave me with strong positive feelings for faculty colleagues at all four schools, for all EVMS and Consortium staff who supported my work, and, of course, for nearly 40 classes of Consortium students. It is impossible to sum up the joy and pride I feel about this work in a few sentences.

Eileen recently noted, at her retirement gathering, that it was always her plan to reach far and wide through her work. I know what she means; it was mine too. It is now very rewarding to know that I helped build a new and needed community based medical school and a rare multi-school clinical psychology program. I feel rich beyond words to have known and worked within an exceptional work family and to have trained some 40 generations of bright, caring clinical psychology students who helped me provide care to thousands of patients while contributing scholarship to my chosen field over four decades. All associates of VCPCP should feel exceptionally proud of this affiliation. Please take good care of it and one another, going forward.

I suspect those who know my passion for clinical psychology will feel no surprise to learn that, in my retirement I will serve as a member of the Virginia Board of Psychology and edit *Perceptual and Motor Skills* (I hope faculty and senior students will contact me about writing for and reviewing manuscripts from this journal). I hope to remain an active emeritus faculty member within the Department of Psychiatry and Behavioral Sciences at EVMS, from which I will be willing to serve on (but no longer chair) student dissertation committees, as needed. I hope to continue to work with faculty colleagues on collaborative research/writing activities. I will remain on the Board of Trustees for Chesapeake Bay Academy, which has had my heartfelt support for more than a quarter century. I hope to write professionally and to remain active in professional organizations. I am also engaged in organizational consultation and supervision activities for area mental health agencies and private practice groups. I formed a small business, Advanced Psychological Services LLC, to provide a legal and financial umbrella for these activities, and I hope my many Consortium friends will contact me at ball@emeritus.evms.edu or call me at 641-1683.

“Old [professors] never die - they just fade away.”

JD

We wish Dr. Ball a productive and relaxing retirement!

New Faculty Spotlight: Drs. Matt Judah & Nicole Kreiser

The Consortium would like to welcome Dr. Matt Judah at Old Dominion University and Dr. Nicole Kreiser at Eastern Virginia Medical School. Below are highlights regarding their academic careers and research interests. We look forward to Dr. Judah's and Dr. Kreiser's contributions in the years to come!



Matt Judah, Ph.D.

Dr. Judah's research investigates cognitive processes in anxiety disorders and depression. This includes elaborative processes, such as worry, and basic processes, such as biased attention. His research utilizes event-related potentials (ERPs) and other psychophysiological tools. Dr. Judah's work has shown the important role that attention to somatic symptoms, like heart rate, plays in social anxiety. In a recent paper, Dr. Judah found that social anxiety is related to biased attention for socially threatening faces and that this bias persists in working memory. In this study social anxiety also was correlated with greater early attention for false cues that the subject's heart rate was accelerating and with reduced performance when these cues were present. Dr. Judah is looking forward to continuing this research at

ODU. Dr. Judah is also excited about teaching courses and mentoring students at ODU. He especially enjoys teaching students about psychophysiology. In his free time Dr. Judah enjoys fencing, painting, and spending time with his family.



Nicole Kreiser, Ph.D.

Dr. Kreiser's research interests are related to correlates, assessment, and treatment of psychiatric comorbidities in individuals with Autism Spectrum Disorder (ASD). In particular, her research investigates correlates that may contribute to the high prevalence of anxiety disorders among individuals with ASD as well as how to best assess anxiety in this population. Another primary focus of Dr. Kreiser's research is on females with ASD as they may have different behavioral presentations and psychiatric comorbidities and are often diagnosed at a later age.



In Memory:

As we were finalizing our newsletter, we received sad news of the passing of **Dr. Neill Watson** due to complications after heart surgery. Neill was the longest serving Director Clinical Training in the Consortium and helped the program grow and prosper. He touched the lives of many students, faculty, and staff and will be missed by many.

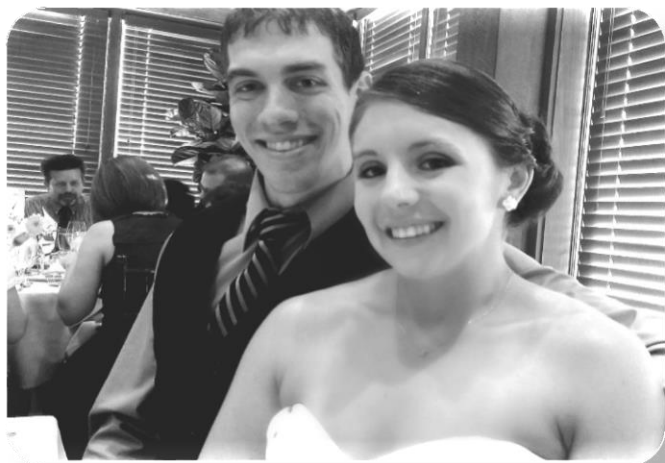
New Staff Spotlight: Elaine Ross

Elaine Ross

Originally from Richmond, Virginia, Elaine and her husband spent the last three years in Yokosuka, Japan where she taught English as a second language and finished her bachelor's degree in Humanities. Elaine hopes to continue her education with a master's degree in Information Systems from ODU. She enjoys being outside more than anything, be it going to the beach in the summer or skiing in the winter. Some of her hobbies include costume design, dance and language. Elaine has appeared in two Japanese movies ('Asahi No Vancouver' and 'Hero') and was the voice of Ms. Vee in the English language version of 'Lupin the Third' movie! She pursued her costume design hobby by working at Colonial Williamsburg as a costumed interpreter in her early 20s. Also, Elaine and her husband Ross recently adopted a puppy named Bowser!



Student & Alumni News



Allison Robbins recently got engaged to her partner, Andy Battles. The couple met in Durham, NC and have been together for over three years. Wedding planning is well underway and the couple look forward to their nuptials in summer 2017.

Megan Brokenborough (Class of '15) received the 2016 Pancoast Prize for her dissertation. The award is \$250, which goes to the dissertation chosen by the ODU faculty members to be the best.

Calling All Alumni!

Due to the length of this fall's newsletter, we weren't able to include an alumni spotlight. Please send over any professional, personal, or major life events to include in the spring 2017 newsletter to vcpcpga@gmail.com. We'd love to hear what's going on!



A Fond Farewell to Eileen O'Neill-Boyle,

May the sun always shine on your windowpane,
May a rainbow be certain to follow each rain,
May the hand of a friend always be near you,
May God fill your heart with gladness to cheer you!
-Irish Blessings

From Eileen:

Dear All,

Many, many thanks to you, alums, faculty and students who came to wish me well at my send off October 1. How happy I was to see so many dear faces again - grateful to see some I hadn't seen in too many years, and to have a chance to say goodbye to some who like me are stepping back, and to students I had just begun to know.

I was overwhelmed by the many kind things said and written about me; I hope I deserved these as it was always my intention to make program life easier and thereby, more rewarding. I am beyond proud of our accomplishments as a program and especially of those of our alums.

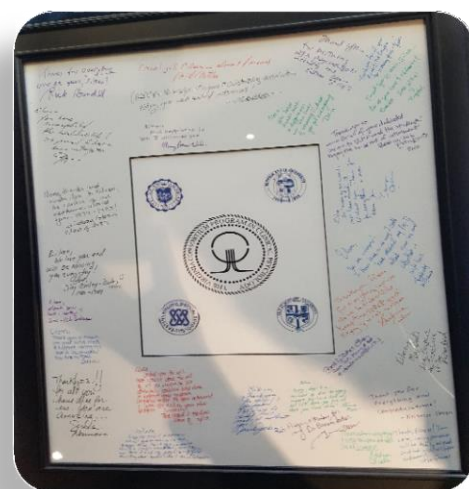
Many of you were not able to be here. I hope you will invite me to any future homecoming event you can attend. In the meantime, I will love to hear from you: exoneill.vcp@gmail.com.

Be well, and may the road rise with you.

As ever,

Eileen

We miss you already!



O'Neill & Shorter Student Awards

In an effort to find more ways to recognize and reward our outstanding students, we are pleased to announce that the Program is funding two new student awards!

To honor Eileen, our long-time Program Coordinator, we are creating the **Eileen O'Neill Outstanding Consortium Service Award**.

The recipient for this award will be selected each year by the Consortium faculty and given to the outstanding Consortium student who made significant contributions to the Program. The student receives a plaque and a cash award (amount determined by available funds), and is included on the list of Award recipients posted in the Program office.

Also, in memory of Candace Shorter, the Program's assistance coordinator who passed away in 2013, we are creating the **Candace M. Shorter Distinguished Student Award**. The recipient of this award will also be selected each year by the Consortium faculty from the group of students who will be on internship the following year. Criteria for this award include academic excellence in all areas of the program (academic, research, and clinical training). The student receives a plaque and a cash award (amount determined by available funds), and is included on the list of Award recipients posted in the Program office.

Please consider donating to one or both funds. A gift from you will help us recognize student achievement and honor those who provided important service to the program. To make a donation, please make your check payable to EVMS. Be sure to enter "VCP donation" and the award(s) you wish to support in the memo line. Checks can be sent directly to our new program administrator, Elaine Ross, at the Program office at the address at the top of this letter. All donations go into an EVMS-held account which allows us to create and fund these awards and for which there are no overhead costs. Donors will be acknowledged in a future newsletter. We will also profile the student award winners.



Please keep us updated with your current contact information and let us know what you are doing! Send an email to virginiaconsortium@gmail.com.



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Virginia Consortium Newsletter

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