



# Virginia Consortium Newsletter

November 2015

IN THIS ISSUE

## Welcome Our 1st-Year Students!

*Welcome to our 1st-year students! Here are some quick bios to get to know them better.*

**Peter Preonas** (Immediate Left)  
**From:** Detroit, MI  
**Graduated from:** University of Michigan, B.A. in Psychology and Political Science  
**Research Interests:** How social and environmental factors interact with substance abuse  
**Fun Fact:** Sang in an a cappella group in college

**Bilgé Yilmaz** (Second from Left)  
**From:** Saratoga, CA  
**Graduated from:** University of Hawaii at Manoa, B.A. in Psychology  
**Research interests:** Trauma and health-risk behaviors; sexual assault and dysfunctional eating behaviors/body image, prevention and treatment interventions within health psychology  
**Fun Fact:** Would love to be a sci-fi or horror film special effects artist

**Leandra Closson** (Third from Left)  
**From:** Warsaw, KY  
**Graduated from:** Texas A&M, B.A. in Psychology, M.A. in Clinical Psychology  
**Research interests:** Health and neuropsychology, risk factors for antisocial youth behavior, and resiliency for low-income and homeless populations  
**Fun Fact:** Attended Maine Maritime Academy for two years

**Lydia Qualls** (Third from Right)  
**From:** Emory, VA  
**Graduated from:** Vanderbilt University, B.A. in Psychology  
**Research Interests:** Autism, sexuality, and social stress  
**Fun Fact:** Third Generation Psychologist

**Rachel MacIntyre** (Second from Right)  
**From:** Philadelphia, PA  
**Graduated from:** Bucknell University, B.S. in Animal Behavior  
**Research Interests:** Women's issues and health behaviors, adjustment issues in adolescence and young adulthood  
**Fun Fact:** Studied at St. Andrews in Scotland for a year

**Lindsay Howard** (Immediate Right)  
**From:** Minneapolis, MN  
**Graduated from:** Saint Olaf College, B.A. in Psychology and Economics  
**Research Interests:** Eating disorders and body image  
**Fun Fact:** Has 23 first cousins

# Welcome!

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### Research across the consortium

Updates on what your faculty and classmates are researching

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### Weddings, Babies, and Alumni!

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### Upcoming Events

November 25-27: Thanksgiving Break  
 2016 Conference Schedule incl. on p. 10

# Congratulations, Recent Graduates!



**Megan Brokenbough** completed her internship in June 2015 at LSU HSC with an emphasis in adult inpatient and outpatient therapy and assessment. She defended her dissertation in June 2015 as well and graduated with her Ph.D. in August 2015. She then began a postdoctoral fellowship with LSU HSC School of Medicine in New Orleans, working on the Mental and Behavioral Health Capacity Project (MBHCP) within the Gulf Region Health Outreach Program (GRHOP) to provide services to individuals, families, and communities affected by the Deepwater Horizon oil spill. Her position involves working in a variety of settings, including primary care, outpatient clinics, and even tele-mental health, with the entire age range. Megan is completing a fellowship in the Harris Infant Mental Health Program. She plans to stay involved in research, both as part of her fellowship and to maintain lines of previous research within the MMPI family of assessments.

**Carol Bonner** (nee Robinson) graduated through the Consortium with her Psy.D. in May of 2015, and has been working with the EVMS Neuropsychology Center providing psychological testing. She has just accepted a job offer from the VAMC-Hampton as a Staff Clinical Psychologist. She is now awaiting her start date and is eager to begin providing therapeutic services to those who have honorably served our nation.

**Jamie Grisham** earned her Psy.D. degree in August 2015. She is completing her post-doctorate fellowship at the University of North Carolina-Wilmington Counseling Center.

**Lewis Hackett** earned his Ph.D. through the Program in August 2015 and is currently starting a psychology residency at Piedmont Geriatric Hospital (PGH) in Burkeville, VA. His emphasis will be on dementia care, neurocognitive and forensic assessment, and psychotherapy. He completed his internship at Sharp Mesa Vista Hospital in San Diego, where he worked primarily with older adults (65+). He said this past year was challenging but also highly rewarding since he was able to gain ample experience working with older adults in a range of settings (inpatient, outpatient, intensive care). Lewis also noted that he gained experience in crisis intervention, individual, group, family and milieu therapy, and interdisciplinary health care. Reflecting on this experience, he said he is very glad to have completed this internship which he believes has prepared him for his next position as a psychology resident at Piedmont Geriatric Hospital.

**Casey Iwai** received his Psy.D. through the Program in August 2014 and completed a postdoctoral fellowship with Baylor Scott and White Healthcare System in September. With a new baby in tow, he and his wife are moving to Arizona where Casey will complete licensure and enjoy life outside of graduate school!

**Joseph (Joe) Minifie** earned his Psy.D. through the Consortium in August 2015. He started in 2010 and moved to Nashville for internship at the Vanderbilt-Veterans Affairs Internship in Professional Psychology in 2014. During his internship, Joe spent 3 days/week at Vanderbilt's

Counseling Center, one day at a VA CBOC in Primary Care-Mental Health Integration (PC-MHI), and half a day in didactics. He defended his dissertation in June, just as his internship ended. He is now a postdoctoral fellow in Murfreesboro, TN, specializing in Interprofessional Mental Health at the Tennessee Valley Healthcare System VA Medical Center. His program focuses primarily on working in interprofessional teams in a variety of settings (e.g., outpatient, PC-MHI, acute inpatient). In addition to starting a small part-time private practice, Joe hopes to remain within the VA system after completing the fellowship.

**Katharine Seagly** earned her Ph.D. through the Program in August 2015. She is currently living in Michigan, completing a 2-year APA/APPCN neuropsychology post-doc at the Rehabilitation Institute of Michigan/Wayne State Medical School. Upon completion, Katharine intends to become an ABPP in Clinical Neuropsychology and Rehabilitation Psychology. She hopes to continue clinical work and research as a neuropsychologist and rehabilitation psychologist in an academic medical center, while also maintaining a private practice focusing on forensic neuropsychology.

# Research across the Consortium

We are proud to recognize individuals who are students, graduates, or faculty within the Consortium for their recent research accomplishments.

## Recent Publications

- Corbett, B. A., Key, A. P., Qualls, L., Fecteau, S., Newsom, C., Coke, C., & Yoder, P. (2015). Improvement in Social Competence Using a Randomized Trial of a Theatre Intervention for Children with Autism Spectrum Disorder. *Journal of Autism and Developmental Disorders*, 1-15.
- Coleman, S.R.M., Zawadzki, M.J., Heron, K.E., Vartanian, L.R., & Smyth, J.M. (in press). Self-focused and other-focused resiliency: Plausible mechanisms linking early family adversity to health problems in college women. *Journal of American College Health*.
- Debb, S.M. (2015). What to expect as an undergraduate psychology practicum student. In S.M. Debb (Ed.), *Practicum for the psychology undergrad: The basics about what you are getting yourself into* (pp. 1-34). Boston, MA: Cengage Learning.
- Duncan, E.A.W., Robertson, K., & Yates, S. (2014). The First Generation College Student: Overcoming Barriers to Success. In Holmes, K. Y., Duncan, E. A. W., & Zinn T. E. (2014). *Diverse perspectives in college teaching*. Retrieved from the Society for the Teaching of Psychology web site: <http://teachpsych.org/page-1862899>
- Heron, K. E., Mason, T. B., Sutton, T. G., & Myers, T. A. (2015). Evaluating the real-world predictive validity of the Body Image Quality of Life Inventory using ecological momentary assessment. *Body Image*, 15, 105-108. doi: 10.1016/j.bodyim.2015.07.004.
- Holmes, K. Y., Duncan, E. A. W., & Zinn T. E. (Co-Editors) (2014). *Diverse perspectives in college teaching*. Retrieved from the Society for the Teaching of Psychology web site: <http://teachpsych.org/page-1862899>
- Holmes, K. Y. White, K.B. & Cooley-Doles, J.A. (2014). Rethinking Teaching and Advising: Strategies Integrating the Principles of Student-Centered Teaching into the Advising Process at a Historically Black University. In Holmes, K. Y., Duncan, E. A. W., & Zinn T. E. (2014). *Diverse perspectives in college teaching*. Retrieved from the Society for the Teaching of Psychology web site: <http://teachpsych.org/page-1862899>
- Kelley, M. L., Brancu, M., Robbins, A. T., D'Lima, G. M., Strauss, J. L., Curry, J. F., Fairbank, J. A., VA Mid Atlantic MIRECC Women Veterans Workgroup, & Runnals, J. (2015). Drug use and childhood-, military-, and post-military trauma exposure among women and men veterans. *Drug and Alcohol Dependence*.
- Kelley, M. L., Milletich, R. J., Hollis, B. F., Veprinski, A., Robbins, A. T., & Snell, A. K. (in press). Social support and relationship satisfaction as moderators of the stress-mood-alcohol link association in U.S. navy members. *Journal of Nervous and Mental Disease*.
- Lewis, R. J., Padilla, M. A., Milletich, R. J., Kelley, M. L., Winstead, B. A., Lau-Barraco, C., & Mason, T. B. (2015). Emotional distress, alcohol use, and bidirectional partner violence among lesbian women. *Violence Against Women*, 21, 917-938. doi: 10.1177/1077801215589375

- Mason, T. B., Lewis, R. J., Winstead, B. A., & Derlega, V. J. (2015). External and internalized heterosexism among sexual minority women: The moderating roles of social constraints and collective self-esteem. *Psychology of Sexual Orientation and Gender Diversity, 2*, 313-320. doi: 10.1037/sgd0000115
- Mason, T. B., & Lewis, R. J. (2015). Assessing the roles of impulsivity, food-related cognitions, bmi, and demographics in the dual pathway model of binge eating among men and women. *Eating Behaviors, 18*, 151-155. doi: 10.1016/j.eatbeh.2015.05.015
- Mason, T. B., & Lewis, R. J. (2015). Minority stress and binge eating among lesbian and bisexual women. *Journal of Homosexuality, 62*, 971-992. doi: 10.1080/00918369.2015.1008285
- Qualls, R.C. & Qualls, L. R. (2015). Siblings with Autism. In *Salem Health: Adolescent Health & Wellness* (pp. 884-887). Ipswich, MA: Salem Press.
- Stevenson, A. P., Jordan, T. L., Franklin, A. S., Barnett, K. B., Makhunga-Ramfolo, N., & Green, M. T. (2015) The extent to which substance abuse in a rural area impacts welfare to work: A logistic regression model. *The Sable Journal Health and Human Development, 1*(1)

### Recent Presentations

- Debb, S.M. (2015, October). *Conflict Analysis and Cultural Diversity Competence: Overlaying Social Justice with Introductory Psychology*. Paper presented at the 15<sup>th</sup> Annual Diversity Challenge: Race, Culture, and Social Justice, Boston, MA.
- Debb, S.M., & Pretlow, C. (2015, September). *Have We Come Full Circle on Civil Rights? Political Science and Psychological Perspectives on Social Injustice in a Colorblind Post-Racial Society*. Paper presented at the annual 1619: Making of America conference, Hampton, VA.
- Debb, S.M. (2015, January). *Youth Fire-Setter Intervention Program (YFSIP): Exploratory data analysis for Norfolk Fire-Rescue*. Presented to the Tidewater Fire Educators Network (TFEN), Fort Monroe, VA.
- Downs, D.S., Feinberg, M.E., Heron, K.E., Hillemeier, M., Rauff, E., Smyth, J.M., Fonzi, P. & Wales, F.E. (2015, April). *Women's preferences about using smartphones in a preconceptional health intervention*. Poster presented at the annual meeting of the Society of Behavioral Medicine, 2015, San Antonio, TX.
- Downs, D.S., Wales, F.E., Rauff, E., Feinberg, M.E., Heron, K.E., Hillemeier, M., Smyth, J.M., Fonzi, P. & Govey, P. (2015, April). *Beliefs about using smartphones in a preconceptional health intervention: Perspectives of overweight/obese women residing in underserved rural communities in Pennsylvania*. Poster presented at the Penn State College of Medicine Women's Health Research Day, Hershey, PA.
- Everhart, R. S., Miadich, S. A., & Heron, K.E. (2015, October). *Using Ecological Momentary Assessment to describe variability in daily child asthma symptoms*. Paper to be presented at the annual meeting of the International Society for the Advancement of Respiratory Psychophysiology, Seville, Spain.

- Hacker, D. S., Williams, K., Haywood, J. E.** (2015, October). *Comparison of Risk Perception of Sexual Behaviors and Actual Sexual Behaviors of African American Male Student Athletes*. Presentation at the Annual Black Families, Black Relationships, Black Sexuality Conference, Philadelphia, PA.
- Haywood, J. E., Hacker, D. S., Derlega, V. J., Maduro, R. S., & Mason, T. B.** (2015, May). *Co-Rumination and Thought Intrusions are Associated with African American Students' Negative Affective Reactions to the George Zimmerman Trial*. Poster presentation at the Twenty-Seventh Association for Psychological Science Annual Convention, New York, NY.
- Heron, K.E.** (2015, June). *Ecological Momentary Assessment (EMA) Boot Camp for Beginners*. Conducted at the Society for Ambulatory Assessment biennial conference, University Park, PA.
- Heron, K.E., Mason, T., Sutton, T., & Myers, T.** (2015, April). *Evaluating the ecological validity of a body image quality of life measure using Ecological Momentary Assessment (EMA) methods*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX.
- Heron, K.E., Scott, S.B., Everhart, R.S., & Johnson, K.D.** (2015, March). *Ambulatory assessment of stress: A two-study experiment evaluating the role of question format on self-reported daily stressors*. Poster presented at the annual meeting of the American Psychosomatic Society, Savannah, GA.
- Heron, K.E., Smyth, J.M., Conroy, D., Sciamanna, C. & Rovniak, L.** (2015, June). *The development and evaluation of a physical activity intervention using real-time feedback via smartphones*. Paper presented at the biennial meeting of the Society for Ambulatory Assessment, University Park, PA.
- Jinkerson, J., Hubbard, A., & Robbins, A. T.** (2015, November). *Posttraumatic growth in military spouses following vicarious trauma*. Poster to be presented at the annual meeting of the International Society of Traumatic Stress Studies, New Orleans, LA.
- Kelly, B., Prothero, M. & Mason, T.B.** (2015, February). *Relationship status, alcohol use, and intimate partner violence among lesbians*. Poster presented at the Old Dominion University Undergraduate Research Symposium, Norfolk, VA.
- Kelly, B., Prothero, M., Mason, T.B., & Lewis, R. J.** (2015, April). *Relationship status, alcohol use, and intimate partner violence among lesbians*. Poster presented at the Virginia Psychological Association Spring Conference, Virginia Beach, VA.
- Lau-Barraco, C., Braitman, A. L., Stamates, A., & Linden-Carmichael, A. N.** (2015, June). *Alcohol use fluctuations in a community-based sample of nonstudent emerging adult heavy drinkers*. Poster presented at the annual meeting of the Research Society on Alcoholism, San Antonio, TX.
- Lau-Barraco, C., Linden-Carmichael, A. N., & Stamates, A.** (2015, October). *Differences in emerging adulthood features between single and poly-substance users*. Poster presented at the annual meeting of the Society for the Study on Emerging Adulthood, Miami, FL.
- Leibach, G., Miadich, S., Heron, K., & Everhart, R.S.** (2015, April). *An innovative approach to examining daily family functioning among urban families with a child with asthma*. Poster presented at the annual meeting of the Society of Pediatric Psychology, San Diego, CA.

- Lewis, R. J. (2015, November). *The R15 (AREA) grant: An underutilized NIH funding mechanism* (2014). Invited panelist for discussion on "Funding Research Through Clinical Practice and Underutilized NIH Grant Mechanisms," 48th annual Convention of the Association for Behavior and Cognitive Therapies, Philadelphia, PA.
- Lewis, R. J., Kelley, M. L., & Mason, T. B. (2015, June). *Discrepant alcohol use, relationship adjustment, and intimate partner violence among lesbian women*. Poster presented at Research Society on Alcoholism Scientific Meeting, San Antonio, TX.
- Lewis, R. J., Mason, T. B., Winstead, B. A., & Kelley, M. L. (2015, August). *A conceptual framework of intimate partner violence among lesbian women*. Poster presented at the 123rd annual meeting of the American Psychological Association, Toronto, Ontario.
- Linden-Carmichael, A. N., Amory, K., & Lau-Barraco, C. (2015, June). *A preliminary investigation of caffeinated alcohol use during Spring Break*. Poster presented at the annual meeting of the Research Society on Alcoholism, San Antonio, TX.
- Linden-Carmichael, A. N., Lau-Barraco, C., Stamates, A. L., Amory, K., & Ricketts, N. (2015, October). *Profiles of nonstudent emerging adults' marijuana and alcohol use: Differences in substance use expectancies*. Poster presented at the annual meeting of the Society for the Study on Emerging Adulthood, Miami, FL.
- Linden-Carmichael, A. N., Ricketts, N., Amory, K., & Lau-Barraco, C. (2015, April). *Perceived behavioral control as a moderator of anxiety symptoms and alcohol consumption*. Poster presented at the biannual meeting of the Virginia Psychological Association, Virginia Beach, VA. (**Best Graduate Poster**)
- Linden-Carmichael, A. N., Stamates, A. L., & Lau-Barraco, C. (2015, June). *Caffeinated alcohol use: The mixer matters*. Poster presented at the annual meeting of the Research Society on Alcoholism, San Antonio, TX.
- Mason, T. B., Heron, K.E., Braitman, A.L., & Lewis, R.J. (2015, March). *A daily diary study of social isolation, dietary restraint, and negative affect in binge eating*. In K.E. Heron (Chair), Body Image and Embodiment Paper Panel. Paper presented at the Works in Progress Feminist Scholarship Conference, Norfolk, VA.
- Mason, T. B., & Lewis, R. J. (2015, April). *Social anxiety and body shame link minority stress and binge eating among lesbian young adults*. Poster presented at the 36th annual meeting of the Society of Behavioral Medicine, San Antonio, TX.
- Miadich, S., Tolbert, B., Heron, K., & Everhart, R.S. (2015, April). *Daily assessments in urban families: The interaction of caregiver smoking status and quick-relief medication use on sleep quality in children with asthma*. Poster presented at the annual meeting of the Society of Pediatric Psychology, San Diego, CA.
- Neumann, S.A. (2015, October). *Repetitive Transcranial Magnetic Stimulation Combined with Imaginal Exposure Therapy in OIF/OEF Combat Veterans with Treatment Resistant Post Traumatic Stress Disorder*. Presentation at EVMS Research Brownbag, Norfolk, VA.
- Park, K.Y. (2015, August). *Acculturation and enculturation, perception of depressive symptoms, and help-seeking behaviors among Korean Americans*. Poster presentation presented at the Asian American Psychological Association, Toronto, CA.

- Robbins, A. T., Hollis, B. F., & Kelley, M. L.** (November, 2015). Moral injury, spiritual injury, and alcohol use among active duty military members and veterans. In (Chair), *Moral injury, spirituality, and military trauma: Probing into the clinical implications of treating morally injured patients*. Symposium to be conducted at the annual meeting of the International Society of Traumatic Stress Studies, New Orleans, LA.
- Robbins, A. T., Hollis, B. F., Milletich, R. J., Veprinsky, A., & Snell, A. K.** (2015, August). *Barriers to Mental Health Care among Active Duty Navy Members*. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- Sheehan, B. E., & Lau-Barraco, C.** (2015, April). *A review of a conceptual model of alcohol-related aggression and ego depletion*. Paper presented at the biannual meeting of the Virginia Psychological Association Convention, Virginia Beach, VA.
- Stamates, A. L., Lau-Barraco, C., & Amory, K.** (2015, October). *Craving mediates the relationship between impulsivity and alcohol consumption*. Poster presented at the annual meeting of the Society for the Study on Emerging Adulthood, Miami, FL.
- Stamates, A.L., Lau-Barraco, C., & Benton, T.** (2015, April). *Concurrent substance use patterns and psychological functioning among nonstudent emerging adults*. Poster presented at the biannual meeting of the Virginia Psychological Association, Virginia Beach, VA.
- Stamates, A. L., Linden-Carmichael, A. N., Lau-Barraco, C.** (2015, June). *Are there associated risks when mixing alcohol with diet beverages?* Poster presented at the annual meeting of the Research Society on Alcoholism, San Antonio, TX.
- Sutton, T., Heron, K.E., Mason, T., & Myers, T.** (2015, March). *Validation of the Body Image Quality of Life Inventory for college women with subclinical eating disorders*. Poster presented at the Works in Progress Feminist Scholarship Conference, Norfolk, VA.
- White, K.B., Holmes, K.Y. & Cooley-Doles, J.A.** (2015, April). Rethinking Teaching and Advising: Integrating Choice, Theory and Reality Therapy Principles in Higher Education. Virginia Psychological Association Spring Conference, Virginia Beach, VA.
- Winstead, B. A., Lewis, R. J., & Mason, T. B.** (2015, April). *Pathways to alcohol misuse among Black and White lesbians: Socioeconomic status, minority stress and drinking to cope*. Poster presented at the 27th Association of Psychological Science Annual Convention, New York, NY.

## Grants

**Dr. Scott M. Debb:** Key personnel (Psychology): Center of Excellence in Cyber Security; a collaborative project with NSU (primarily faculty from computer Science & math), ODU's VMASC (for modeling and simulation), and computer science faculty from Tennessee State University

**Dr. Erica R. Russell** was awarded an HBCU Center for Excellence and Behavioral Health mini-grant. *Project #Stigma: Face it, Stomp It, Slam It*. It serves as the springboard for FACE IT, an extension of this work to be introduced during the 2015-2016 academic year. She will be presenting about the project at the Southern Association for College Student Affairs Conference in November.

## Awards & Honors

### Dr. Richard Handel

Received 2015 Bud Orgel research award, Association of Psychologists in Academic Healthcare Centers. This award is given to outstanding psychologists who advance research and scholarship in medical school and health care settings.

### Dr. Robin J. Lewis

Elected a fellow in Division 44 of APA (Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues).

### Dr. Erica R. Russell

Selected for and participated in the inaugural ELEVATE Scholars program hosted by Dr. Marybeth Gasman and the Penn Center for Minority Serving Institution staff at the University of Pennsylvania in June. She was one of 18 scholars nationwide selected to be a part of its inaugural cohort. She was selected for and received a scholarship to attend the Leadership and Mentoring Institute of the American Association of Blacks in Higher Education (AABHE). Each of these activities were devoted to mentorship and development for promising early career scholars. Dr. Russell also received a Norfolk State University Summer Research Award.



## ELEVATE

MSI faculty members are life-long learners and educators who are constantly in pursuit of personal and professional excellence. In an effort to support the ongoing development of early-career MSI faculty, the Penn Center for Minority Serving Institutions will draw from our expertise to offer ELEVATE.

ELEVATE will bring together early-career MSI faculty to further equip them with support, training, and an opportunity to create a close-knit network of peers. This three-day program will provide early-career MSI faculty with a unique professional development experience that will do the following:

### ENRICH LEARNING

Fellows will have the opportunity to further develop their skills through workshops that will cover academic writing, grant writing, teaching and mentoring. ELEVATE will further enrich fellows' learning by providing sessions geared towards helping early career MSI faculty navigate the professoriate.

### ENHANCE VISIBILITY

Two key goals of the Center are to elevate the educational contributions of MSIs to ensure their participation in national conversations and to increase rigorous scholarship on MSIs. Through their rigorous research, MSI faculty members contribute to fulfilling these goals. Thus, ELEVATE will offer workshops that will further fellows' skills in producing and publishing MSI related research. Knowledge obtained from these workshops will allow early career MSI faculty to enhance the visibility of MSIs in national conversations by producing high quality research.

### TRAIN EDUCATORS

All ELEVATE workshops will serve as trainings for early career MSI faculty to enhance their capabilities as researchers, scholars, and educators. Bringing together MSI faculty and providing trainings in key areas will perpetuate the goals of the Center by giving MSI faculty a space to build partnerships across MSIs that will increase efficiency and optimize resources.

*The ELEVATE program (above) provides support for professors at Minority-Serving Institutions*



# Research Day!

On Friday, September 25, clinical doctoral students participated in the VCP's third annual Research Day. Third and fourth year students gave presentations of their completed research projects. The research covered a wide variety of topics, represented by the titles listed below. A large audience of students and faculty followed the presentations with questions and comments. Research Day is an opportunity for students and faculty to learn more about the research going on within the Consortium. Clinical students are required to present at least once, but all students are invited to participate. We are already looking forward to next year's Research Day!

- *Dr. Barbara Winstead*

## **Stefan LaTulip**

*Faculty Advisors: Dr. Richard W. Handel (EVMS) & Dr. Robert P. Archer (EVMS)*

Psychometric Functioning of the MMPI-A Restructured Form's (MMPI-A-RF) Specific Problem (SP) and Personality Psychopathology-Five (PSY-5) Scales with Varying Degrees of Simulated Random, Acquiescence, and Counter-Acquiescence Responding

## **Will F. McBride**

*Faculty Advisor: Dr. Richard W. Handel (EVMS)*

Examination of Racial Bias on the MMPI-2 Restructured Form Among African-Americans and Caucasians with Further Investigation Towards Measurement Invariance of the Externalizing Specific Problem Scales

## **Kristoffer Park**

*Faculty Advisor: Dr. Desi Hacker (NSU) & Dr. Barbara A. Winstead (ODU)*

Acculturation and Enculturation, Perception of Depressive Symptoms, and Help-Seeking Behaviors among Korean-Americans

## **Tiren A. Parker**

*Faculty Advisor: Dr. James F. Paulson (ODU)*

Exploring Racial and Gender Differences in the Relationship between Marital Messages and Marital Attitudes in Emerging Adulthood

## **Laurin B. Roberts**

*Faculty Advisor: Dr. James F. Paulson (ODU)*

Examining the Factors Related to Bisexual Individuals' Selection of Future Parenting Partner



Pictured above (from left to right): Stephan LaTulip, Kristoffer Park, Tiren Parker, Will McBride, Lauren Roberts

# Upcoming Conferences

- I. **January 3<sup>rd</sup>-6<sup>th</sup> 2016 - National Institute on the Teaching of Psychology (NITOP) 38<sup>th</sup> Annual Conference**, The TradeWinds Island Grand Hotel, St Pete Beach, FL  
Description: Psychology teachers from high schools, colleges, and universities come together to discover ideas that will improve and extend the teaching skills of attendees. Notable speakers will discuss a variety of topics and instruct those present on inventive and original teaching methods and course content changes.  
Accepted Posters:  
**Debb, S. M., & Shappie, A. T. (2016).** *Engaging introductory online students in the virtual classroom: A discussion about the relationship between getting students to log in and learning outcomes.*  
**Shappie, A. T., & Debb, S. M. (2016).** *Best-Practices for Teaching Introductory Psychology Online: Facilitating Student Achievement Through Due Dates.*
- II. **March 30<sup>th</sup> - April 2<sup>nd</sup>, 2016 - Society of Behavioral Medicine (SBM) 37<sup>th</sup> Annual Meeting**, Washington Hilton, Washington, DC  
Description: This conference features a multidisciplinary gathering of clinicians, educators, and scientists promoting the study of behavioral interactions with biology and the environment and applying that knowledge to increase the health and well-being of families, individuals and communities. This year's theme is "Behavioral Medicine at a Crossroads: 21st Century Challenges and Solutions."  
Deadline for Rapid Communication Poster Submissions: **Dec. 28, 2015**
- III. **March 30<sup>th</sup> - April 2<sup>nd</sup>, 2016 - Southeastern Psychological Association (SEPA) 62<sup>nd</sup> Annual Meeting**, Sheraton New Orleans Hotel, New Orleans, LA  
Description: This year's program features student, academic, and professional presentations from colleges and universities across the Southeast. A variety of psychological topics are covered in poster sessions, paper presentations, and continuing education conferences.
- IV. **April 2, 2016 - Works in Progress Conference**, Virginia Wesleyan College, Norfolk, VA  
Description: This conference presents research regarding gender and feminist issues in various stages of development. It is free to attend, and provides a great opportunity for students to present research they are working on in either oral presentation or poster format.
- V. **May 5-7<sup>th</sup>, 2016 - Midwestern Psychological Association (MPS) Annual Meeting**, Palmer House Hilton, Chicago, IL  
Description: This conference is an opportunity to share research across all areas of psychology through invited speakers, papers and posters, workshops, discussions, and more!  
Invited Workshops:  
**Heron, K.E. (2016).** *Ecological Momentary Assessment (EMA) for Beginners.*
- VI. **May 17-20<sup>th</sup>, 2016 - Virginia Academy of Science (VAS) 94<sup>th</sup> Annual Meeting**, University of Mary Washington, Fredericksburg, VA  
Description: This year's annual meeting is sponsored by the University of Mary Washington and includes presentations by undergraduate and graduate students on diverse scientific topics ranging from biology to computer science to psychology and more.  
Deadline for Submissions: **Feb. 6, 2016**

- VII. May 26-29<sup>th</sup>, 2016 - **Association for Psychological Science (APS) 28<sup>th</sup> Annual Convention**, Sheraton Chicago Hotel & Towers, Chicago, IL  
Description: This convention attracts students and professionals from across the country for symposia, talks and addresses, cross-cutting themes programs and posters on a variety of psychological topics.  
Deadline for Symposium Submissions: **Dec. 1, 2015**; Deadline for Poster Submissions: **Jan. 31, 2016**
- VIII. August 4-7<sup>th</sup>, 2016 - **American Psychological Association (APA) Convention**, Denver Convention Center, Denver, CO  
Description: As one of the largest gatherings of psychologists in America, this conference in the Mile-High city is one any budding psychologist won't want to pass on. With a multitude of presenters, posters, and networking opportunities, it is sure to be a very educational experience for new and returning conference-goers alike.  
Deadline for Poster and Paper Submissions: **Dec. 1, 2015**. For deadlines for regarding other types of submissions, see the website, <http://www.apa.org/convention/proposals.aspx?tab=3>.

## Life Events

On May 30<sup>th</sup>, 2015, Tiphonie Sutton (2<sup>nd</sup> year) married John Bivens on Fort Monroe in Hampton, VA (see picture on page 1).



On August 6<sup>th</sup>, 2015, Sean (2<sup>nd</sup> year) and Jess Flannery welcomed Rowan James Flannery (4lbs, 5 oz.) to the world.

On September 11<sup>th</sup>, 2015, Dr. Lewis hosted a Start the Year Celebration in her home.

David Slesinger, Psy.D., Class of 2000, died November 4, 2015 from pancreatic cancer.

# Alumni News

**Lindsay Gibson (Class of '83)** has recently published a book entitled *Adult Children of Emotionally Immature Parents: How to Heal from Distant, Rejecting, or Self-Involved Parents*. This is her second book and teaches adults with parents who were emotionally immature how to step back from the caretaker role by understanding how their parents function, forming a connection with their true self, and learning how to interact with others without becoming emotionally drained. For more information on this book, her first book *Who You Were Meant to Be*, and her blog, visit her website at [drlindsaygibson.com](http://drlindsaygibson.com).

**Monica Manley (Class of '94)** is currently working in the Family Medicine Clinic at Naval Medical Center Portsmouth (NMCP). Her duties include training active duty Predoctoral Clinical Psychology Interns in the Primary Care Model-BHIP (Behavioral Health Integration Program). Dr. Manley is excited to tell us that the Family Medicine Clinic at NMCP is now accepting practicum students enrolled in the Virginia Consortium Program.

**Nneka Jones Tapia (Class of '07)** has been appointed as the Executive Director of the Cook County Jail and is the first mental health professional to run a major prison. Watch Dr. Tapia talk about her role as executive director and the special perspective her training as a psychologist gives her on issues of incarceration and mental health in an interview by NACo's County News on the VCPCP's website here: <http://sci.odu.edu/vcpcp/alum.html>.

**Questionnaire**  
Fixing Chicago's biggest correctional facility

As the new executive director of Chicago's Cook County Jail, Nneka Jones Tapia is working to keep former inmates out of jail by increasing access to community mental health treatments.

By Amy Novotny

In May, major news outlets reported the story of Lamont Cathey, a Chicago high school basketball player who'd been charged with stealing money from a pizzeria safe in 2014. Unable to post bond, the 17-year-old languished in Cook County jail for months and began ingesting bits of metal, leather and scrap materials from around the detention center, resulting in two dozen hospitalizations, multiple surgeries and more than \$1 million in medical care, according to jail officials. He is still an inmate in the jail, awaiting trial, and now has a guard assigned to him 24 hours a day to ensure his safety.

Cathey is a drastic example of how the justice system is failing, says clinical psychologist Nneka Jones Tapia, PhD, who in June began serving as the jail's new executive director. She's one of the first mental health professionals to lead a major correctional facility.

After receiving her doctorate from the Virginia Consortium as an intern in 2013, Tapia began working as an intern at Cook County Health Services, a branch of Cook County Health and Hospitals that serves as the medical and mental health provider at Cook County. She went on to spend three years as chief psychologist there and then joined Cook County Sheriff Tom Dart's team in 2013. There, she helped launch the Mental Health Transition Program, dedicated to providing extensive therapy, job skills training and discharge planning to nonviolent inmates with a mental illness. About 20 percent of Cook County Jail's 9,000 inmates have serious mental health issues, with high rates of mood and psychotic disorders, making it one of the largest mental health institutions in the country.

The *Monitor* spoke to Jones Tapia about her new role and the need for more mental health professionals in correctional facilities.

**Why is it so important for a psychologist to oversee Cook County Jail?**

One reason is the number of mentally ill people we have in our custody now. Sheriff Tom Dart has long indicated that a jail is no place for mentally ill people, but if they're going to come here, he wants to offer them the best resources possible. We have excellent in-house behavioral health services that are offered, but we continue to face challenges. I have no doubt that he considered that when he was thinking about who he wanted to appoint to the position.

**What will your responsibilities be?**

In my previous role I helped to bring the sheriff's vision to life by managing many of the jail's mental health initiatives, and now I am taking on the role of overseeing larger jail initiatives, which will continue to include those focused on the mentally ill. I'm also focusing on staff well-being. Given that they have to be first responders to so many different situations, the sheriff wanted to make sure we were continuing to provide support for them as well. We have been facilitating town hall meetings with staff members to hear about some of the challenges they face and will identify ways to minimize those challenges, and we will continue to research other opportunities to improve staff quality of life.

**What is most urgent for you at this time?**

My first priority is to obtain a detailed understanding of the security operations that hold our general population inmates, and I'm finding that they face similar challenges as those that hold our mentally ill, including de-escalating volatile inmates and offering better coping skills to individuals that have a history of resorting to violence as the first line of defense. Because we have so many individuals in our custody who are battling social ills, they may sometimes present with behaviors similar to those who have a mental illness.

**What needs to happen to ensure inmates get the mental health care they need?**

We have a number of individuals who would have been better served in the community before they are even charged with a crime, so diversion for low-level offenders is the place to start. That

Dr. Nneka Jones Tapia is one of the first mental health professionals to lead a major correctional facility.

*Monitor on Psychology* • November 2015

Dr. Jones Tapia (above) was featured in the November 2015 issue of the *Monitor on Psychology*

Please keep us updated with your current contact information and let us know what you are doing! Send an email to [virginiaconsortium@gmail.com](mailto:virginiaconsortium@gmail.com).

## Psychology News Blurb

As of the 2017 internship application year, only students from APA- or Canadian Psychological Association-accredited doctoral psychology programs will be eligible to participate in the Association of Psychology Postdoctoral and Internship Centers (APPIC)-sponsored Match for clinical internships. This change was made to encourage non-accredited training programs to apply for accreditation. This will not affect current Virginia Consortium Students, however, as the program was awarded 7-year APA accreditation in 2014. 😊



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## Virginia Consortium Newsletter

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