

# Virginia Consortium Spring 2016 Newsletter

ABOVE: FIRST-YEAR STUDENTS PETER PREONAS, LYDIA QUALLS, AND LINDSAY HOWARD

## IN THIS ISSUE

### Welcome to VCPCP's Spring 2016 Newsletter!

#### What's New in the Consortium?

By Robin Lewis, Ph.D., DCT

We have had a very busy winter/spring at the Consortium. After reviewing applications, we invited 30 people to campus for interviews. Our students did a fantastic job hosting applicants in their homes, arranging transportation, and coordinating a pre-interview dinner. As it has been since I joined the program, now 30+ years ago, our students are our best ambassadors and make valuable contributions to our recruiting efforts. In addition to the usual interview process, applicants had an opportunity to visit each of the campuses of the consortial institutions. We've done the campus tours for a couple of years now. Although by the end of a very long day many applicants have the "eyes glazed over, I can't absorb anything else" look, these tours really seem to help them see how things work.

On April 8<sup>th</sup>, we held our annual supervisors' workshop which is a small token of our appreciation to say "thanks" to all the supervisors in the community who work with our practicum students. We offered 3 Ethics CE credits which are a hot commodity as all licensed clinical psychologists in Virginia must earn 3 face-to-face Ethics credits each year. The workshop was well-attended by students, faculty, and supervisors. Our presenters, Drs. Mary Alice Fisher and Mike

Stutts helped us look at competence and self-care among psychologists. Supervisors then stayed for a working lunch during which we discussed clinical training issues related to our Program. It was a productive discussion and we appreciate all that our supervisors do!

As the end of the semester draws near (my how time flies) we are getting ready to host an end of the year celebration for the Program. We will send off those going on internship with our best wishes, offer congratulations to **Stacey Bayan, Jamie Grisham, Casey Iwai, Claire Kelley, Joseph Minifie, Megan Brokenborough, Katharine Seagly, and Lewis Hackett** who are graduating and/or marching this year and their families, and celebrate all the Program has done during the past year.

As we hope for warmer weather, and summer's slightly slower pace, we also will bid a fond farewell to our Program Coordinator, Eileen O'Neill, who leaves us on June 30 with 37 years of service to the Consortium. Everyone reading this knows Eileen and how much she has meant to our program. We are planning a celebration in her honor for the fall. Please look for a future email with additional information. We hope that many of our alumni will be able to return and join us in letting Eileen know the positive impact she has had on students and Program over the years. We all wish Eileen well in retirement.

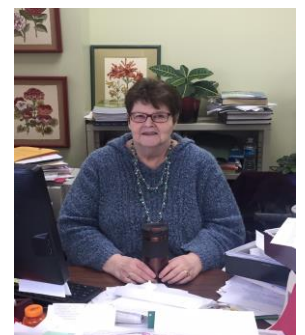
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Finally, as I finish my first academic year as Director of Clinical Training, I want to acknowledge the Consortium's advisory panel (Drs. Desi Hacker and Darlene Colson (NSU), Dr. Barbara Winstead (ODU), and Drs. Rick Handel and Mike Stutts (EVMS)). It really does "take a village" to ensure that our students continue to receive high quality clinical training and to maintain the standards of excellence that have characterized our program from the beginning. Dr. Hacker's service as A-DCT is essential in coordinating practicum placements, and Dr. Stutts' work with internship and admissions was paramount in the success of our exiting and newly arriving students. In addition, I want to thank the faculty across all institutions for their contribution to the Program. We couldn't do it without you!

And, speaking of faculty, we also bid farewell to retiring faculty: Drs. J.D. Ball and Bob Archer (EVMS), and Dr. Louis Janda (ODU). We are grateful for all you have done over many years to support the Program and wish you the best.

Special thanks to first year students B. Yilmaz and Lydia Qualls for creating this newsletter. They did a great job!

We hope to continue to hear from our alumni. Please stay in touch, we are always eager to learn about you and what you are doing.

With best wishes,

*Robin*



**Robin Lewis**  
Director of Clinical Training

## Retiring Faculty Spotlight: Dr. Robert Archer



Dr. Robert Archer first joined the Virginia Consortium Program as a part of his educational involvement at Eastern Virginia Medical School in 1982. He was impressed by the unique structure of the program and the opportunities it offered to students. "Funding was much shakier then," Dr. Archer recalls. "And the agreements between the four schools had to be re-worked every two to three years." Dr. Archer has been part of the program's growth by chartering the Forensics program at EVMS. He said it was challenging to get both the program and EVMS to understand the differences between Forensic and Clinical Psychology. Dr. Archer also taught the Child Abnormal and Personality Assessment classes for several years and has chaired about 25 dissertation committees. Additionally, Dr. Archer has contributed his excellent research on the MMPI, an interest which started in his own graduate Personality Assessment at the University of Florida and continued into his internship at the Medical University of South Carolina.

Although he officially retires June 30<sup>th</sup>, Dr. Archer doesn't plan on sailing off into the sunset quite yet, however. "I'll be continuing with my MMPI-A-RF missionary work," he says. He also has an upcoming 6 year term as President for the Society of Personality Assessment, in addition to going into private Forensics practice with his daughter. Reflecting on his time with the program, Dr. Archer says, "It's been a great opportunity, I've really enjoyed it."

We wish Dr. Archer a productive and relaxing retirement! Look for an interview with Dr. Ball, who is retiring Aug. 30<sup>th</sup>, in the Fall 2016 Newsletter.

## New Faculty Spotlight

The Consortium would like to welcome Drs. Kelli England Will and Paul Harrell, faculty members at Eastern Virginia Medical School, and Dr. Matt Judah at Old Dominion University. Below are highlights regarding their academic careers and research interests. We look forward to their contributions in the years to come!



**Kelli England Will, Ph.D.**

Dr. Will received her master's training at Old Dominion University and her doctoral training at Virginia Polytechnic University in Clinical Psychology (Health Emphasis). After internship, Dr. Will started out as faculty at Christopher Newport University, then moved to Eastern Virginia Medical School soon after, where she is today. She has been working in Williams Hall at EVMS since 2003, and was recently promoted to full Professor. Her areas of expertise are injury control, health behavior theory, substance abuse prevention, and risk communication. Her research focuses on large-scale intervention approaches to health behavior-change of children, teens, and young adults. Much of her research is community-engaged and applied in large-scale settings, such as schools (Virginia Beach School System) and organizations (YMCA). She is interested in the translation of research to practice, and her currently funded projects focus on the development of effective countermeasures targeting e-cigarette and tobacco use among teens and young adults as well as message and intervention approaches in motor vehicle safety ([www.carsafetynow.org](http://www.carsafetynow.org)). On February 11, 2016, Dr. Will appeared in an interview segment on WAVY Channel 10 News, NBC network for a special report on E-cigarette use among teens. She also received the 2016 Healthcare Hero Award, Public Health Category, from *Inside Business: The Hampton Roads Journal*. When asked what areas she is interested in pursuing next, she says, "Anything in health behavior is fair game!" She said that if she could not have chosen psychology as a career, she would have been involved in Public Health.



**Paul Harrell, Ph.D.**

Dr. Harrell received his Ph.D. in "Behavior, Cognition, and Neuroscience" from American University. He completed two post-doctoral fellowships; the first at Johns Hopkins Bloomberg School of Public Health, focusing on Drug Dependence Epidemiology, and one at the Moffitt Cancer Center, focusing on Behavioral Oncology. Dr. Harrell's general research interests focus on the impact that substances can have on one's consciousness and experience, the nature of addiction, how society handles substance use, and if anything can be done to help those who engage in addiction behaviors. He is currently focused on youth's use of electronic nicotine delivery systems ("e-cigarettes" or "vapes") as a potential new gateway into nicotine use. He was able to transfer a grant from the National Institutes of Health from Moffitt Cancer Center to EVMS investigating young adult attitudes about e-cigarettes, and is currently collaborating with Dr. Kelli Will. He has been working at EVMS since August 2015 as an Assistant Professor in the Department of Pediatrics, Division of Community Health and Research (CHR) alongside Dr. Will in Williams Hall. In his free time, Dr. Harrell enjoys hiking, listening to and playing music, spoken word poetry, and hopes to learn how to surf when the weather warms up. He said that while he previously considered medicine, law, journalism and a few others, he notes, "Mostly, though, I'm very happy to be in such a fascinating field."



**Matthew Judah, Ph.D.**

Dr. Judah will join the Department of Psychology at Old Dominion University as an assistant professor next fall. He is currently completing his clinical internship at the Medical University of South Carolina/ Ralph H. Johnson VAMC in Charleston, South Carolina. Prior to this, Dr. Judah's Ph.D. training was at Oklahoma State University. He is originally from Joplin, Missouri. Dr. Judah will be joined by his wife Kirsten and three children, Ember, Ian, and Ari. Read more about Dr. Judah in the fall 2016 Faculty Spotlight.

## Internship/ Post-Doc Matches

Congratulations to **Jacqueline Haywood** on her recent internship match at the **West Palm Beach VA Medical Center**. Jackie is happy to be returning home to Florida, and we know she will do well there!

We would also like to congratulate **Emily Oettinger** on her postdoctoral placement at the **Edith Nourse Rogers Memorial VA Medical Center** in Bedford, Virginia. We wish Emily the best of luck on this next stage of her journey!

## Alumni News

**Lesajeane Jennings (Class of '94)** has recently published her second book "Depression: The Common Cold of Mental Health. Tips toward Healing from the Clinical AND Christian Perspectives." Her first book "A Guide for Men as They Walk through the Experience of Breast Cancer with the Women in their Lives: Specifics to Support Emotional and Relationship Health" was published in 2004. Dr. Jennings currently has a busy private practice, in addition having a variety of contracts and teaching as an adjunct professor at several universities. You can visit her website at [www.DrLJennings.com](http://www.DrLJennings.com).

**Tim Crowell (Class of '99)** is doing Neuropsychological testing part time at a general hospital and brain injury rehab hospital in Vancouver, BC. In addition to supervising practica students at both sites, Dr. Crowell also does medical-legal work one day a week. "It took me a while, but I've finally [found] the right balance of hospital and private work for me," he says. He also mentions that Darcy Cox, from the Class of '99, is in Vancouver as well.

**Nicole Searfoss (Class of '09)** has recently relocated to Hershey, PA and is in private practice working at the Hershey Counseling Center. Her family is expecting their second child in early June 2016.

**Anne Ciccone (Class of '11)** is now the Assistant Director of Clinical Services of the Tulane University Counseling and Psychological Services.



Joe Minifie's son Jude      Danielle Ransom and baby Elle

**Danielle (Eason) Ransom (Class of '12)** and her husband Chad are the proud parents of a new baby girl, Elle Amelia, born 12/8/15. Danielle is also starting a full time faculty job as an Assistant Professor of Neurology at the University of Miami's Miller School of Medicine.

**Joe Minifie (Class of '13)** and his wife Megan are also proud new parents. Their son, Jonathan Douglas (Jude), was born on April 9, weighing in at 8 lbs., 5 oz.



# Research Across the Consortium

We are proud to recognize individuals who are students, graduates, or faculty within the Consortium for their recent research accomplishments.

## Recent Publications

**Archer, R.P., Handel, R.W., Ben-Porath, Y.S., & Tellegen, A.** (in press). *Minnesota Multiphasic Personality Inventory-Adolescent-Restructured Form (MMPI-A-RF): Administration, Scoring, Interpretation, and Technical Manual*. Minneapolis: University of Minnesota Press.

**Burchett, D., Dragon, W. R., Smith Holbert, A. M., Tarescavage, A. M., Mattson, C. A., Handel, R. W., & Ben-Porath, Y. S.** (in press). "False feigners": Examining the impact of non-content-based invalid responding on the Minnesota Multiphasic Personality Inventory-2 Restructured Form content-based invalid responding indicators. *Psychological Assessment*.

**LaPaglia, D., Robiner, W. N., Yozwiak, J. A., Brosig, C., Cubic, B. A., & Leventhal, J.** (2015). A shortage of medical residency positions: Parallels with psychology. *Academic Psychiatry, 39*, 706-712. <http://link.springer.com/article/10.1007/s40596-015-0324-y>

**Fournier, A. K., Will, K. E., & Larson, K.** (2016). Actively caring for children with applied behavioral science. In E. S. Geller (Ed.), *Applied Psychology: Actively Caring for People* (pp. 469-505). New York, NY: Cambridge University Press.

**Hacker, D.S., Haywood, J.E., Maduro, R.S., Mason, T.B., & Derlega, V.J.** (in press). Reactions of African American students to the George Zimmerman trial: Co-ruminations and thought intrusions as mediators. *Journal of Loss and Trauma*.

**Lau-Barraco, C., Braitman, A. L., Linden-Carmichael, A. N., & Stamates, A.** (in press). Differences in weekday versus weekend drinking among nonstudent emerging adults. *Experimental and Clinical Psychopharmacology*.

**Lau-Barraco, C., Linden-Carmichael, A. N., Braitman, A. L., & Stamates, A. L.** (in press). Patterns of situational antecedents to drinking among emerging adults. *Addiction Research & Theory*.

**Lau-Barraco, C., Linden-Carmichael, A. N., Hequembourg, A., & Pribesh, S.** (in press). Motivations and consequences of alcohol use among heavy drinking nonstudent emerging adults. *Journal of Adolescent Research*.

**Lewis, R. J., Mason, T. B., Winstead, B. A., & Kelley, M. L.** (2016). Empirical investigation of a model of sexual-minority specific and general risk factors for intimate partner violence among lesbian women. *Psychology of Violence*. Advance online publication doi:10.1037/vio0000036

**Linden-Carmichael, A. N., & Lau-Barraco, C.** (in press). A preliminary investigation of caffeinated alcohol use during Spring Break. *Substance Use & Misuse*.

**Linden-Carmichael, A. N., Lau-Barraco, C., & Kelley, M. L.** (in press). College student dating partner drinking profiles: Differences in relationship functioning and relationship-specific alcohol expectancies. *Substance Use & Misuse*.

Linden-Carmichael, A. N., Stamates, A. L., Sheehan, B. E., & Lau-Barraco, C. (in press). Molly users versus non-users in a sample of college alcohol drinkers: Differences in substance-related harms and sensation seeking. *Substance Abuse*.

Mason, T. B., Heron, K. E., Braitman, A. L., Lewis, R. J. (2016). A daily diary study of perceived social isolation, dietary restraint, and negative affect in binge eating. *Appetite*, 97, 94-100. doi:10.1016/j.appet.2015.11.027

Mason, T.B., Lewis, R. J., Gargurevich, M. & Kelley, M. L. (2016). Minority stress and intimate partner perpetration among lesbians: Negative affect, hazardous drinking, and intrusiveness as mediators. *Psychology of Sexual Orientation and Gender Diversity*. Advance online publication. doi: [10.1037/sgd0000165](https://doi.org/10.1037/sgd0000165)

Robbins, A. K., Jinkerson, J. D., Kelley, M. L. (in press). *Theoretical pathways to substance abuse through moral injury in OEF/OIF combat veterans*. In R. M. McNair (Ed.), *Perpetration induced-traumatic stress and moral injury*.

Shakalim, E., Ben-Porath, Y.S., Handel, R.W., Almagor, M., & Tellegen, A. (in press). Psychometric examination, adaptation, and evaluation of the Hebrew translation of the MMPI-2-RF VRIN-r and TRIN-r validity scales. *Journal of Personality Assessment*.

Sheehan, B. E., Linden-Carmichael, A. N., & Lau-Barraco, C. (in press). Caffeinated and non-caffeinated alcohol use and indirect aggression: The impact of self-regulation. *Addictive Behaviors*.

Stamates, A. L., Lau-Barraco, C., & Linden-Carmichael, A. N. (in press). Alcohol expectancies mediate the relationship between age of first intoxication and drinking outcomes. *Substance Use & Misuse*.

Stamm, K., Hamp, A., Yozwiak, J., Rolston, C., Robiner, W, Leventhal, G., Washburn, J., Hayes, N., Cubic, B. A., Christidis, P. and Lin, L. (November, 2015). How often do health service psychologists work with other health-care providers? Datapoint, *Monitor*, American Psychological Association, DC, <http://www.apa.org/monitor/2015/11/datapoint.aspx>

## Recent Presentations

Amory, K., Sheehan, B., Ricketts, N., Lau-Barraco, C. (2016, April). *Anxiety Control and Drinking to Cope among College Student Alcohol Users*. Poster presented at the 2016 Southeastern Psychological Association Annual Conference, New Orleans, LA.

Block, J., Martin, I., & Paulson, J.F. (2016, May). *Father Depression Moderates the Association between Relationship Satisfaction and Coparenting*. Poster to be presented at the Association for Psychological Science Annual Convention, Chicago, IL.

Brokenborough, M.A., Handel, R. W., Arbisi, P. (2016, March). *Examining the Measurement Invariance of the MMPI-2-RF Internalizing Specific Problem Scales in African-American and Caucasian Men*. Paper presented at the 77th Annual Meeting of the Society for Personality Assessment, Chicago, IL.

Calhoun, D.M., Lewis, R.J., & Braitman, A.L. (2016, May). *Racial/Ethnic Differences in Lesbian Women's IPV, Hazardous Alcohol Use, Parental Violence, and Sexual Minority Stress*. To be presented at the annual Association for Psychological Science Convention, Chicago, IL.

**Cubic, B. A., & Vogel, M.** (2016, January). *Training for the future of psychology: An integrated primary care curriculum*. Presented at the 2016 Mid-Winter Meeting of the Council of Clinical Health Psychology Training Programs, Miami, Florida.

**Hacker, D. S. & Burwell, C.** (2016). *An HIV and Substance Abuse Prevention Program on an HBCU Campus*. Paper to be presented at the 2016 Annual Meeting of the American College Health Association, San Francisco, CA.

**Handel, R.W., Archer, R.P., Ben-Porath, Y.S., & Tellegen, A.** (2016, May). *Convergent and Discriminant Validity of Scores on the MMPI-A-RF Specific Problems and PSY-5 Scales in a Forensic Sample*. Paper to be presented at the 51<sup>st</sup> Annual Workshop and Symposium on Recent MMPI-2/MMPI-2-RF/MMPI-A Research, Ft. Lauderdale, FL.

**Heron, K.E., Lewis, R.J., & Mason, T.B.** (2016, April). *The development and feasibility of a daily diary study of sexual minority stress and alcohol use in same-sex female partner dyads*. Poster presented at the annual meeting of the Society of Behavioral Medicine, April 2016, Washington, D.C.

**Howard L., Heron, K., MacIntyre, R., & Everhart, R.** (2016, April). *Does use of social networking sites influence young women's body image and eating pathology? : A look at racial differences*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.

**Hollis, B., Jenkins, J., and Kelley, M.** (2016, April). *Pre-military Sexual Abuse and Military Sexual Trauma*. Poster presented at the 2016 Southeastern Psychological Association Annual Conference, New Orleans, LA.

**Lau-Barraco, C., & Braitman, A. L.** (2016, March). *A latent profile analysis of daily alcohol use by nonstudent emerging adults*. Poster presented at the annual meeting of the Eastern Psychological Association, New York, NY.

**McBride, W., LaTulip, S., Handel, R.W., Brokenborough, M., Arbisi, P., & Wygant, D.** (2016, May). *Examining the Measurement Invariance of the Minnesota Multiphasic Personality Inventory-2 Restructured Form Externalizing Specific Problems Scales in African-American and Caucasian Men*. Paper to be presented at the 51<sup>st</sup> Annual Workshop and Symposium on Recent MMPI-2/MMPI-2-RF/MMPI-A Research, Ft. Lauderdale, FL.

**Minifie, J., Handel, R.W., & Archer, R.P.** (2016, May). *The Effects of Varying Degrees of Fixed and Random Responding on the Validity of Score Interpretations for the Specific Problems (SP) and PSY-5-r Scales of the MMPI-2-RF*. Poster to be presented at the 51<sup>st</sup> Annual Workshop and Symposium on Recent MMPI-2/MMPI-2-RF/MMPI-A Research, Ft. Lauderdale, FL.

**Panigrahi, E.R., Peterson, N. D., LaTulip, S.E., & Cubic, B.A.** (2016, March). *Differences in Race, Gender, Social Isolation, and Functional Deficits on Eating Behaviors and Body Mass Index Among Bariatric Candidates*. Presentation at the 37<sup>th</sup> Society of Behavioral Medicine Meeting, Washington, D.C.

**Parker, T. A., Roberts, L. B., Jenkins, J. K., & Paulson, J.F.** (2016, May). *Psychometric Analysis of the Marital Messages Scale*. Poster accepted for presentation at the 28th Annual Convention of the Association for Psychological Science, Chicago, Illinois.

Qualls, R. C., and Qualls, L. R. (2016, April). "Am I My Brother's Keeper?" *The Impact of Autism Spectrum Disorder on Siblings*. Presentation given for the Developmental Paper Session at the 2016 Southeastern Psychological Association Annual Conference, New Orleans, LA.

Roberts, L. B., Parker, T. A., Martin, I. A., Parsons, A. J., & Paulson, J. F. (2016, May). *Bisexual Individuals' Attitudes toward Marriage: The Role of Marital Messages Received from Family and Friends*. Poster accepted for presentation at the 28th Annual Convention of the Association for Psychological Science, Chicago, Illinois.

Robbins, A.T., Yilmaz, B., Kelley, M.L., Hollis, B. (2016, August). *Modeling the Effects of Combat and Moral Injury on Alcohol Use Among Male and Female Military Personnel and Veterans*. Poster to be presented at the 2016 American Psychological Association Annual Convention, Denver, CO.

Russell, E.R. (2015, October). #FACEITNSU: *Critical Conversations, Mask Removal, and Death to Stigma*. Paper presented at the Southern Association for College Student Affairs and NASPA Region III Annual Conference: Greenville, SC.

Russell, E.R. (2016, April). #BlackLivesMatter Mental Health Edition: Removing the Mask while we FACE IT. Paper presented at the American Association for Blacks in Higher Education Annual Conference: Long Beach, CA.

Stamates, A., Amory, K., Preonas, P., Ricketts, N., and Lau-Barraco, C. (2016, April). *The Influence of Close Friends' Drinking Norms on Alcohol-related Outcomes*. Poster presented at the 2016 Southeastern Psychological Association Annual Conference, New Orleans, LA.

Sutton, T., Roberts, L., Peterkin, A., Hacker, D., & Derlega, V. (2016, May). *Factors Related to African American Students' Experiences of Distress to Race-Related Violence in the Media*. Poster accepted for presentation at the 28th Annual Convention of the Association for Psychological Science, Chicago, Illinois.

Will, K. E., Decina, L. E., Maple, E. L., & Perkins, A. M. (2016, February). *Effectiveness of Child Passenger Safety Recommendations Delivered Alone or in Combination with Installation and Normative Information: Diverging Evidence for Experienced and Novice Users*. Poster presented at the 16<sup>th</sup> Annual Scientific Meeting of the American Academy of Health Behavior, Ponte Vedra Beach, FL.

Will, K. E., Paulson, A., Herman, M., Plunk, A., Mondejar, K., & Feliciano, A. (2016, February). *Examining E-Cigarette Use: Developing Effective Risk Communication Methods to Reach Virginia Youth*. Invited general session presentation to the Virginia Youth Tobacco Prevention Research Coalition Annual Meeting. Richmond, Virginia.

Yilmaz, B., Will, K.E. (2016, April). *Adult Sexual Abuse and Disordered Eating Behaviors: The Mediating Role of Internalized Shame and Consumptive Coping*. Poster presented at the 2016 Works in Progress: A Regional Interdisciplinary Conference of Feminist Scholarship, Norfolk, VA.

Yozwiak, J. A., Stamm, K. E., Leventhal, G., Rolston, C. D., Hamp, A. D., Washburn, J. J., Robiner, W. N., Cash, E., Hayes, N. & Cubic, B. A. (2016, May). *Collaboration Patterns for Health Service Psychologists in Team-Based Care* to be presented at the 11th Annual Workforce Conference of the Association of American Medical Colleges in Washington, D.C.



## Awards & Honors

Will McBride, Allison Robbins, and Laurin Roberts have all been accepted into this year's iteration of *The Summer Institute: Preparing for a Military Focused Career*. This program is designed to provide training in military behavioral health in preparation for military-focused internships and careers. To learn more about The Summer Institute, visit <http://deploymentpsych.org/the-summer-career>.

Laurin Roberts was also selected as the statistics TA at ODU for the upcoming year, and is the first clinical student to be selected for that position. Congratulations, Laurin!

Dr. Kristin Heron (ODU) received a Junior Faculty Research Mentoring Program award for the 2016-2017 academic year, with Dr. Robin Lewis serving as her mentor. This award, sponsored by the ODU Office of Research, supports faculty-to-faculty mentoring by pairing a junior faculty member with a senior faculty member with a track record of extramural funding. During the upcoming year, Drs. Heron and Lewis will be preparing a grant application to be submitted to the National Institutes of Health (NIH). The proposed project will focus on developing a physical activity intervention that utilizes mobile technology (e.g., smartphones, wearable accelerometers) to increase daily activity levels for inactive adults.

Dr. Michael Stutts (EVMS) was appointed Vice-Chair of the EVMS Department of Psychiatry and Behavioral Sciences on April 1.

Dr. Andrew Franklin (NSU) was awarded an Early Career Psychologist Travel Grant from the Society of Teaching Psychology.

Dr. Erica R. Russell (NSU) was selected to participate in the 2<sup>nd</sup> Annual About Campus Writing Retreat to take place on the campus of Virginia Tech in June 2016.

Dr. Barbara Cubic (EVMS) was recognized by the Society of Clinical Psychology (APA Division 12)!

Barbara A. Cubic, PhD, ABPP - In recognition for leading the charge to integrate psychology into primary care medicine and beyond.

Recognized as a trail blazer in integrated primary care, Dr. Barbara Cubic has been a central force in training psychologists to serve as clinicians, faculty, researchers and leaders in primary care settings. Via multiple training programs at Eastern Virginia Medical School, Dr. Cubic has mentored countless professionals in integrated primary care. Dr. Cubic wrote one of the first HRSA Graduate Psychology Education grants and continues to successfully obtain critical Psychologists in Academic Health Centers, Treasurer for the Society of Clinical Psychology, and the PSYCHE Prize by the American Psychological Foundation and, in 2014, she received the Outstanding Contributions to Clinical Health Psychology Award from the Society of Health Psychology (APA Division 38). Dr. Cubic exemplifies integrated care in her collaborative approach to finding healthcare solutions.

January 2016 Presidential Citation, American Psychological Association, *in recognition for leading the charge to integrate psychology into primary care medicine and beyond*.

January 2016 Dr. Cubic was selected as part of *Professionals Accelerating Change in Clinical and Educational Red (PACER)* [EVMS Team].

## Recent Conferences & Trainings

Spring is here and there were a number of exciting conferences! If you missed it this year, we hope you will attend the next one.

**Virginia Psychological Association (VPA) Spring Convention** - This event included several presentations and student poster sessions, as well as a panel on applying to graduate school facilitated by VCPCP students.

**Practicum Supervisor's Workshop** - The Virginia Consortium sponsored a practicum training workshop on *Maintaining Balance in Ethics, Training, and Balance*, co-facilitated by Dr. Mary Alice Fisher and Dr. Michael Stutts. The workshop was well-received by those who attended.

## Upcoming Conferences

- I. **May 5-7<sup>th</sup>, 2016 - Midwestern Psychological Association (MPS) Annual Meeting**, Palmer House Hilton, Chicago, IL  
Description: This conference is an opportunity to share research across all areas of psychology through invited speakers, papers and posters, workshops, discussions, and more!  
Invited Workshops:  
**Heron, K.E.** (2016). *Ecological Momentary Assessment (EMA) for Beginners*.
- II. **May 17-20<sup>th</sup>, 2016 - Virginia Academy of Science (VAS) 94<sup>th</sup> Annual Meeting**, University of Mary Washington, Fredericksburg, VA  
Description: This year's annual meeting is sponsored by the University of Mary Washington and includes presentations by undergraduate and graduate students on diverse scientific topics ranging from biology to computer science to psychology and more.
- III. **May 26-29<sup>th</sup>, 2016 - Association for Psychological Science (APS) 28<sup>th</sup> Annual Convention**, Sheraton Chicago Hotel & Towers, Chicago, IL  
Description: This convention attracts students and professionals from across the country for symposia, talks and addresses, cross-cutting themes programs and posters on a variety of psychological topics.
- IV. **August 4-7<sup>th</sup>, 2016 - American Psychological Association (APA) Convention**, Denver Convention Center, Denver, CO  
Description: As one of the largest gatherings of psychologists in America, this conference in the Mile-High city is one any budding psychologist won't want to pass on. With a multitude of presenters, posters, and networking opportunities, it is sure to be a very educational experience for new and returning conference-goers alike.
- V. **November 10-12<sup>th</sup>, 2016 - International Society for Traumatic Stress Studies**, Sheraton Dallas Hotel, Dallas, TX  
Description: (From the ISTSS website) - "The ISTSS 32nd annual meeting is an ideal platform to demonstrate recent advances in the two related fields of public health and innovative technology and how they can be used to improve recovery from trauma-related disorders."

# Eileen O'Neill-Boyle

After 37 years, Eileen is retiring on June 30, 2016! As the program coordinator, Eileen has often been the glue that holds our program together. We are very grateful for all the contributions she has made in her many years with the program, and wish her the best in the years to come.

Eileen's farewell message to alumni, faculty, and students:

## The Long Road

### *To Alumni and Students*

The Irish say, *Is fada an bóthar nach mbíonn casadh ann* - "It's a long road that has no turning." Nothing lasts forever - not the good, nor the hard, nor even the long. Some of you are just beginning your pilgrimage, many others of us have been on this road for a long time. By the goodness of the Holy, we've been allowed to go in each other's company for a time. Our paths will separate soon, so let me quickly tell you how glad I am to have contributed in any way to the good work you've trained (or are training) to do, thereby becoming a bit of it. I am grateful for those opportunities and profoundly proud of you.

### *To Virginia Consortium faculty, past and present*

There is a refrain in a Warren Zevon song of which I am fond, "We had to take that long, hard road to see where it would go." As we set out many of us so long/so soon ago, we knew we were on the way to creating something new and vital. I doubt any of us thought it would become a pilgrimage. I am grateful for the journey and the company. "We took that holy ride ourselves to know."

### *To You All*

Now my road is bending. With any luck at all, it will circle to take me home to my loves who have been so patient; and together we will go to green places I've been waiting to see all my life.

May the road rise up to meet you;  
May the wind be ever at your back.  
May the sun shine warm upon your face, and the rains fall soft upon your fields.  
And until we meet again, may God hold you in the palm of His hand.

*Eileen*

**We will be hosting a celebration in the fall to honor Eileen. Details will follow by e-mail.  
We hope you will join us to honor Eileen and all she has done for the Program!**

## Dear Eileen,

“You have been invaluable to our experience in this program, serving as an administrator, mentor, support system, advocate, and mother during the often difficult process of growing as a clinician, researcher, and human being. Your kindness and willingness to help extend well beyond your required duties and you will be missed immensely. You have been many things to many people in this program, every single one of them is incredibly grateful for all that you do. You have been the program’s fairy godmother, and we will all miss you greatly when you are gone.”

Class of 2020  
B, Lindsay, Lydia, Peter, & Rachel

“From the moment we learned that we would be joining VCPCP,  
You were there letting us know how great we would be!  
Question to question. Email to email,  
You were there with all of the answers without fail.  
Or if we just needed a place to sit and decompress,  
There was always an open seat for us to relieve our stress.  
Your positivity and dedication to us has not gone unseen,  
Words really can’t express what not having you here will mean.  
But we wish you the very best in all that you will do,  
Thank you Eileen. We sincerely thank you!”

Class of 2019  
Alex, Allison, Charles, Dom, Sean, & Tiph

“Eileen, thank you so much for your dedication to the VCP program and students. We appreciate your sincere concern, support, and care for us over the past three years. Your positive energy and warm spirit will truly be missed. Best wishes for a happy retirement!”

Class of 2018  
Tiren, Kris, Denise, Jessica, Will, & Stefan

“Eileen,

We wanted to thank you for your incredible support throughout this program. Your genuine interest in students’ success was always apparent through your kind words and willingness to listen. Thank you for all that you’ve done; you will be greatly missed! Best wishes for your retirement.”

Class of 2017  
Michelle, Jackie, Eva, Laurin, & Tina

# Thank you!

We would like to thank all of the faculty and students who contributed their time & efforts on Mock Internship Interview Day and Interview Days. Both events were huge success thanks to your contributions.

*We appreciate all that you do!*

Finally, the Virginia Consortium would like to recognize **Dr. Darcy Cox (Class of '99)** and **Dr. Ed Eastman (Class of '86)** for their recent donations to the program.

*Thank you for your continued support!*

## Virginia Consortium Spring 2016 Newsletter

Produced by Bilg  Yilmaz and Lydia Qualls



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