



Virginia Consortium Newsletter

April 2015

IN THIS ISSUE

VCPCP Gains Momentum!

by Mike Stutts, Ph.D., DCT

Welcome to VCPCP's Spring 2015 newsletter.

Winter & spring at VCPCP means admissions and the internship match. In February, all six of our fourth year students matched to APA-accredited internship sites. This is the third time running that we have hit the 100% goal. Please congratulate these accomplished students if you have not done so already. The 2015 admissions process completed very recently. We were once again fortunate to have a strong pool of applicants to consider and, once again, we attracted most of our top picks. Many thanks to Dr. Robin Lewis for again coordinating this complex process, and to students

and faculty for successfully implementing our plan.

Spring also has also brought the annual Plenary Session meeting with all students. This year's meeting provided students the opportunity to discuss the inaugural annual program evaluation completed by students last week. Program leaders enjoyed this additional opportunity for dialogue and the improvements to training it may bring.

In other arenas, we are wrapping up the final details of our accreditation as a Ph.D. program (Continued on Page 2)

Mark your calendars for these educational and fun events.

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Research across the Consortium
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ASSOCIATION FOR PSYCHOLOGICAL SCIENCE | 27th Annual Convention

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by APA, Dr. Barbara Winstead and ODU hosted the inaugural series of brown bag research presentations open to all students and faculty last month (next up: EVMS in the fall). We have also continued with program happy hours that were initiated last fall.

Last, but most certainly not least, spring means commencement for our graduates and bon voyage to our internship-bound fourth year students. Carol Robinson Bonner will be our lone marcher at NSU on Saturday, May 9th. To celebrate all of our program's accomplishments and those who are moving forward, a reception will be held Friday, May 8th for all students and faculty, in the atrium of the EVMS Brickell Medical Sciences Library.

As always, I offer my sincere thanks to all VCPCP constituencies for all that you do in support of our program's mission, and also to Tiphannie and Alex for producing this newsletter. It remains my privilege to be the leader of such a vibrant program.



Pictured: Sara Bock, Emily Oettinger, & Takeshia Williams

Congratulations to our fourth year students for this hard-earned achievement! We wish them the best of luck as they begin their internships!

Internship Match Outcomes 2015-2016	
Student Name	Internship Site
Sara Bock	McGuire VA Medical Center Richmond, VA
Alexis Chappell	Eastern Virginia Medical School – Adult Inpatient Norfolk, VA
Erin Kurtz	VAMC-St. Louis Health Care System St. Louis, MO
Michele Laaksonen	California State Hospitals – Vacaville Vacaville, CA
Emily Oettinger	Eastern Virginia Medical School – Integrated Primary Care Norfolk, VA
Takeshia Williams	Eastern Virginia Medical School – Child & Adolescent Norfolk, VA

Upcoming VCPCP Events:

Program Happy Hour
Tuesday, April 28th at 5pm
Cogan's Pizza (4311 Colley Avenue)

End of Year Celebration
Friday, May 8th at 5pm
EVMS Medical Library Atrium

Research across the Consortium

Many individuals who are students, graduates, or faculty within the Consortium deserve special recognition for their recent research accomplishments.

Recent Publications

- LaPaglia, D., Robiner, W. N., Yozwiak, J. A., Brosig, C., **Cubic, B. A.**, & Leventhal, J. (In press). *A shortage of medical residency positions: Parallels with psychology*. Accepted by Academic Psychiatry.
- Linden-Carmichael, A. N.*, **Lau-Barraco, C.**, & Stamatēs, A. L.* (in press). Testing a model of caffeinated alcohol-specific expectancies. *Addictive Behaviors*.
- Vishnevsky, T. & **Cubic, B.** (March, 2015). Mentoring spotlight. *Health Psychologist, Newsletter for Division 38 (Health Psychology) of the American Psychological Association*, Winter 2014/Spring 2015.
- Woody, A., Braitman, A.L., Derlega, V.J., **Winstead, B. A.**, & Neilson, B. (First published on-line 2014). Motivations for Punishing Someone Who Violates HIV Nondisclosure Laws: Basic Research and Policy Implications. *Analyses of Social Issues and Public Policy*.

Recent Presentations

- Alfonso Barry, J., Smith, B., & **Lau-Barraco, C.** (2015, March). *Predicting distress at intake in a college counseling center*. Paper presented at the annual meeting of the Southeastern Psychological Association, Hilton Head, SC.
- Bain, C.V.**, **Lau-Barraco, C.**, & Linden-Charmichael, A. (November 2014). *Risk Perception Mediates the Relationship Between Drinking Norms and Alcohol Outcomes in Men*. Presented at the meeting of the Association for Behavioral and Cognitive Strategies, Philadelphia, PA.
- Bain, C.V.**, Mahek, L. E., & **Lau-Barraco, C.** (April 2014). *Risk perception explains the relationship between binge drinking and alcohol related negative consequences*. Presented at the 2014 Virginia Psychological Association Conference, Norfolk, VA.
- Block, J.** & **Paulson, J. F.**, Ph.D. (2015). Relationship Satisfaction and Coparenting over the Transition to Parenthood. Poster to be presented at the Association for Psychological Science Annual Convention, New York, NY.
- Braitman, A. L., & **Lau-Barraco, C.** (2015, March). *Alcohol expectancies and contextual drinking in a community sample of emerging adult heavy drinkers*. Poster presented at the annual meeting of the Collaborative Perspectives on Addiction, Baltimore, MD.
- Chappel, A.** (November, 2014). Cognitive Performance as a Function of Low-frequency, Repetitive Transcranial Magnetic Stimulation Administration to the Right Dorsolateral Prefrontal Cortex and Supplementary Motor Area. The National Academy of Neuropsychology Conference.
- Cubic, B. A.** (February 2015). *Lessons learned: Building a successful career in an academic health center (AHC)*. Presented at the Early Career Boot Camp for the 7th National Association of Psychologists in Academic Health Centers Conference, Atlanta, GA.
- Fisher, M. A., & **Stutts, M.** (April 2015). *How Successful is your Professional Acculturation?* To be presented at the Virginia Psychological Association's Annual Spring Convention (VPA), Virginia Beach, VA.

- Haywood, J. E., Hacker, D. S.,** Derlega, V. J., & Maduro, R. S. (2014, October). *Understanding African American Students' Reactions to the Zimmerman Verdict*. Oral presentation at the Fourteenth Annual Diversity Challenge Conference themed Racial and Ethnic Discrimination across the Lifespan, Boston College.
- Hitson, P. & **Winstead, B. A.** (2015). *Predicting Unwanted Pursuit and Stalking*. Association for Psychological Science, NYC, NY.
- Hitson, P. & **Winstead, B. A.** (2015). *Relationship investment and unwanted pursuit: An experimental study*. Association for Psychological Science, NYC, NY.
- Lau-Barraco, C.,** Stamates, A. L.*, & Linden-Carmichael, A. N.* (2015, March). *Self-control as a mediator of the relationship between heavy alcohol use and drinking-related eating patterns*. Poster presented at the annual meeting of the Southeastern Psychological Association, Hilton Head, SC.
- Lau-Barraco, C.,** Linden-Carmichael, A. N.*, & Stamates, A. L.* (2015, March). *Associations between heavy alcohol use and drinking-related eating patterns*. Poster presented at the annual meeting of the Southeastern Psychological Association, Hilton Head, SC.
- Lau-Barraco, C.,** Linden, A. N.*, & Stamates, A. L.* (2014, November). *Features of emerging adulthood and alcohol involvement*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Lewis, R. J., Winstead, B. A.,** & Mason, T. B. (2014). *Rumination and Isolation as Stigma Management Strategies for Lesbian Women*. Society for the Psychological Study of Social Issues, Portland, OR.
- Lewis, R. J.,** Mason, T. B., **Winstead, B. A.** (2015). *Pathways to Alcohol Misuse among Black and White Lesbians: Socioeconomic Status, Minority Stress and Drinking to Cope*. Association for Psychological Science, NYC, NY.
- Linden, A. N.*, **Lau-Barraco, C.,** & Braitman, A. L. (2014, November). *Patterns of situational antecedents to drinking among young adults*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Linden, A. N.*, **Lau-Barraco, C.,** & Kelley, M. L. (2014, November). *Young adult female drinkers and their dating partners' profiles: Associations with relationship conflicts and relationship-specific alcohol expectancies*. Poster presented at to the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Maduro, R. S., **Oettinger, E.,** & **Paulson, J.F.** (2014, November). *The Effects of Cumulative Risk for Maternal Harsh Parenting Practices on Child Cognitive Outcomes Over Time*. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Philadelphia, PA.
- Moore, N. A., **Roberts, L. B.,** Maudro, R. S., Ellis, K. T., & **Paulson, J. F.** (2015, May). *Changes in attitudes toward same-sex parenting: The effects of religiosity and political affiliation*. Poster accepted for presentation at the Association for Psychological Science's 27th Annual Convention (APS), New York, NY.
- Roberts, L. B.,** & **Paulson, J. F.** (2015, May). *Bisexuals' preferences for future parenting partners*. Poster accepted for presentation at the Association for Psychological Science's 27th Annual Convention (APS), New York, NY.
- Roberts, L. B.,** & **Paulson, J. F.** (2015, April). *Biphobia in the heterosexual community: Examining the factors related to negative attitudes toward bisexuality and bisexual individuals*. Poster accepted for presentation at the Virginia Psychological Association's Annual Spring Convention (VPA), Virginia Beach, VA.

Rolston, C. D., Stamm, K., Leventhal, G., Robiner, W. N., Hayes, N., Washburn, J., **Cubic, B. A.**, and Yozwiak, J. (February, 2015). *APA Health Service Provider Survey: APAHC Research Committee Collaboration with the APA Center for Workforce Studies to Explore Psychologists' Patterns of Interprofessional Practice*. Presented at the 7th National Association of Psychologists in Academic Health Centers Conference, Atlanta, GA.

Sheehan, B. E.*, **Lau-Barraco, C.**, & Sergent, B.* (2014, November). *Self-regulation mediates the association between depression symptomatology and use of drinking moderation strategies*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.

Sheehan, B. E.*, Linden, A. N.*, & **Lau-Barraco, C.** (2014, November). *Caffeinated alcohol use and indirect aggression*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.

Stamates, A. L.*, Linden, A. N.*, Mahek, L. E.*, & **Lau-Barraco, C.** (2014, November). *Alcohol expectancies mediate the relationship between age of first intoxication and drinking outcomes*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.

Sutton, T., Heron, K., Mason, T., & Myers, T. (2015, March). *Validation of the Body Image Quality of Life Inventory for college women with subclinical eating disorders*. Poster presented at Works in Progress: A Regional Interdisciplinary Conference of Feminist Scholarship, Norfolk, VA.

Valdivieso-Bain*, C., Lau-Barraco, C., & Linden-Charmichael, A.N. (2014, November). *Risk perception explains the relationship between drinking norms and alcohol outcomes*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Wright, V., & **Cubic, B. A.** (February, 2015). *Addressing Diabetes-Related Distress in Primary Care*. Presented at the 7th National Association of Psychologists in Academic Health Centers Conference, Atlanta, GA.

Yozwiak, J. A., Leventhal, G. S., Stamm, K., Rolston, C., Washburn, J. J., Hayes, N., **Cubic, B. A.**, & Robiner, W. N. (May, 2015). *Training Clinical Health Psychologists for Team-Based Clinical Practice*. To be presented at the 11th Annual Workforce Conference of the Association of American Medical Colleges in Washington, D.C.

Awards

Dr. Cubic was chosen as one of the two psychology representatives to the Council of Faculty and Academic Societies (CFAS) of the Association of American Medical Colleges (AAMC).

Emily Oettinger and **Keshia Williams** were both awarded the EVMS Gregg Scholarship for child-focused dissertation research.

Congratulations!



Pictured: Cristina Valdivieso-Bain, Jacqueline Haywood, & Tiphonie Sutton

Recent Conferences and Trainings

Spring is here and there were a number of exciting conferences! If you missed it this year, we hope you will attend the next one.

I. Virginia Psychological Association (VPA) Spring Convention

A. Description: This event included several presentations and student poster sessions, as well as a panel on applying to graduate school facilitated by VCPCP students, Laurin Roberts & Erin Kurtz. Below is a sample of the featured presentations:

- **How Successful is your Professional Acculturation?** (co-presented by Dr. Stutts)
- **Exploring the Daily Lives of People with Social Anxiety Disorder**
- **Antisocial PD in Veterans: Mode Deactivation Therapy an Evidence Driven Therapy**

II. Practicum Supervisor's Workshop

A. Description: The Virginia Consortium sponsored a practicum training workshop led by guest speaker, Dr. Sam Goldstein. The topic was *ADHD in Adults: Understanding Trends in Light of Scientific Data*.

Upcoming Conferences

I. Virginia Academy of Science (VAS) Annual Meeting

A. Description: This annual meeting, sponsored by a different university each year, is an opportunity for undergraduate and graduate students to present research across science fields, including botany, computer science, psychology, & statistics.

B. Location: James Madison University, Harrisonburg, VA

C. Date and Times: **May 20-23rd**

II. Association for Psychological Science (APS) Convention

A. Description: This four-day convention attracts students and psychologists across the U.S. with symposia, talks & addresses, cross-cutting theme programs, and poster sessions. Below is a sample of the featured presentations:

- **Law & Dis(Ord)er: Psychological Science in the Legal System**
- **Why Should Psychological Science Care about Racial and Ethnic Diversity?**
- **The New Statistics: Using and Teaching Estimation, Meta-Analysis, and Research Integrity**

B. Location: New York Marriott Marquis in New York, NY

C. Date and Times: **May 21-24th**

III. American Psychological Association (APA) Convention

A. Description: Arguably the largest showing of psychologists each year, APA goes international; traveling to nearby Canada for the 2015 convention. With hundreds of exhibitors, presenters, and networking events, this is likely to be an event you do not want to miss.

B. Location: Metro Toronto Convention Centre in Toronto, CA

C. Date and Times: **Aug 6-9th**

Upcoming Seminars & Trainings

Here is a list of some upcoming trainings and seminars in the Hampton Roads area.

- I. **EVMS: Psychiatric Grand Rounds**
 - A. Description: The Psychiatric Grand Rounds at EVMS are an opportunity for faculty and students to highlight prevalent psychiatric conditions.
 - B. Location: Hofheimer Hall Auditorium
 - C. Dates and Times:
 - i. Wednesday, **April 29th** from 12-2pm: *Ethical Considerations & Boundaries in Supervision & Consultation*. Presented by former APA President, Dr. Nadine Kaslow.
 - ii. Wednesday, **May 13th** from 12-1pm
 - iii. Tuesday, **May 26th** from 8-9am: Resident Series



'Like Us' on Facebook!

To receive program updates, Like "The Virginia Consortium Program in Clinical Psychology" Facebook page.

Thank You!

We would like to thank all of the faculty and students who contributed their time & efforts on Mock Internship Interview Day and Interview Days. Both events were a huge success thanks to your contributions.

We appreciate all that you do!

Finally, the Virginia Consortium would like to recognize the alumni below for their donations to the program:

Dr. Noel Goldberg (2002): \$100

Dr. Francesca Peckman (1984): \$100

Thank you for your continued support!

Thank you for reading this issue of the Virginia Consortium Newsletter.

Be Well!

Virginia
Consortium
Newsletter

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