

NEWSLETTER



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Welcome Back 2025

Happy Fall!

It's that time again to share what we've been up to. On Saturday, September 13, 2025, we hosted our annual Welcome Back Party to kick off the Fall semester and celebrate both new and returning students in our program. This year's gathering was extra special as we came together at the newly renovated Mt. Trashmore in Virginia Beach, VA. With perfect weather, plenty of smiles, and the joy of reconnecting, it was a wonderful way to strengthen our community and set the tone for the year ahead.



A Word from Our Director of Clinical Training

**NEWS***UPDATE*

Greetings from the VCP!

This is our first newsletter since the announcement that ODU officially withdrew from the Consortium, after 43 years of producing doctorates. We have tried to keep everyone up to date that ODU will remain the home institution of record for our alumni in perpetuity—no worries, all future needs will be accommodated. And we announced that we accepted our final cohort of new students this Fall—the final VCPers who will ultimately join the ranks of our proud and accomplished alumni! To ensure that all current and newly admitted students in the Consortium are able to complete their studies, the program will be maintained through 2031. We have also announced that ODU has already submitted for independent accreditation as a solo PhD Program to APA—we will keep our updates coming as we hope to get news soon, but ODU remains committed to producing highly qualified, science-informed doctorates. Because we have years to go, rest assured that we will reach out for news about your accomplishments and provide updates for as long as the Consortium is open.

Stay tuned!
-Christina

Welcome New Students of 2025

From: Erie, PA

Research Interest: Exploring the role of emotion regulation and motives in models of alcohol use and other health behaviors, with a focus on using ecological momentary assessment to assess health behaviors in the natural environment and to identify treatment targets.

Dream Destination: After spending the summer in Valencia, I really want to go back and explore some other cities in Spain.

Favorite Holiday: Thanksgiving, I love spending time with family around a good meal.

Fun Fact: I spent the summer solo travelling in Valencia and taking language classes. Also, I love board games/card games!



Audrey Bell



Sarah Charles

From: Lancaster, PA

Research Interest: Disordered eating, body image concerns, and other related health behaviors, with a specific focus on diverse and understudied populations, as well as intervention programs for maladaptive eating behaviors and body dissatisfaction.

Dream Destination: I hope to travel to Spain someday!

Favorite Holiday: Halloween, I love everything about Fall.

Fun Fact: I once met Jim Adkins from Jimmy Eat World in a Starbucks.

Welcome New Students of 2025

From: New York, NY

Research Interest: Identifying suicidal thoughts and behaviors among marginalized individuals through improved measurement, investigating unique risk and protective factors (e.g., familial and cultural differences), and developing individualized preventive measures and novel interventions for suicidality and non-suicidal self-injury.

Dream Destination: Switzerland.

Favorite Holiday: Halloween.

Fun Fact: I have a snake named Pepperoni.



Dakota Daniels



Melissa Manning

From: South Florida

Research Interest: Social and cognitive factors that relate to alcohol and cannabis use.

Dream Destination: I would love to go to Iceland one day!

Favorite Holiday: Halloween.

Fun Fact: My dad is from Australia, and every few years we take a trip to visit the family farm that he grew up on.

Welcome New Associate Director



Residing in the Hampton Roads area for over 20 years, Dr. Gamble has worked with populations from young pre-school-age children to older adults in a multitude of public, private and government settings.

Dr. Gamble's work is strongly influenced by her diverse education and training. Upon obtaining her bachelor's degree from Wittenberg University in OH, she matriculated through The Virginia Consortium Program in Clinical Psychology, acquiring her Psy.D. with a concentration in family therapy. Dr. Gamble also holds a master's degree in Community/Clinical Psychology from Norfolk State University. Specific training and areas of interests include: leadership development, burnout, empowerment of marginalized persons and groups, trauma informed care, adoption competency, cultural competency, prevention (sexual assault, suicide, domestic/intimate partner violence), family issues, women's issues, health & mental health equity, developmental needs across the lifespan, hostage negotiation, quality assurance and program development.

She noted stepping into her newest role as the Associate Director of Clinical Training for one of her alma maters is the full-circle moment she did not see coming. This affords her the opportunity of her dreams, to bridge her decades of experience providing direct care to the community, with opportunities to train new clinicians, teach, develop programs, serve in leadership as an administrator, and expand research in areas of interests. Knowing wearing the hat of a psychologists entails operating in a multifaceted capacity, this is one that maintains her interest and continuously piques her curiosity.

Ordinarily operating from a systems-based approach Dr. Gamble notes her philosophy is that every day we should awake with the intent of working towards being our best selves! The changes we make, in effect, changes others.

She enjoys creative writing and shares a sound piece of advice- Love living & live to love; always remember to start with you!!!! Keep.It.Moving.

- K. A. Gamble

IDEA Committee

Inclusion | Diversity | Equity | Accountability



The inclusion, diversity, equity, and accountability (IDEA) committee aims to foster inclusivity within our program so individuals feel welcome, safe, and acknowledged. We are committed to promoting equitable practices that consider the perspectives and needs of diverse voices and facilitating the adoption of more culturally responsive practices within our spheres of influence. Specifically, we commit to cultivating a community that welcomes, supports, and values the unique contributions of individuals whose identities intersect across diverse groups, including but not limited to diverse: ages, races, ethnicities, gender identities, religions, sexual orientations, ability statuses, socio-economic statuses, national origins, familial roles, caregiver statuses, military and veteran statuses, first-generation statuses, citizenship statuses, medical statuses, languages, and political affiliations.

In addition to creating a supportive and inclusive environment within the program, we aim to acknowledge and address systemic inequities and injustices present in academia, the field of clinical psychology, and global society. This is imperative in our roles as both current and training clinical psychologists given the multifaceted nature of our profession, which includes, but is not limited to, providing clinical services, engaging in scientific research, and disseminating knowledge. Further, we affirm that recognizing and working to undo systemic inequities and injustices is critical as ethical and responsible citizens of the world. We remain committed to promoting the collective understanding of historical processes that have led to oppressive and biased systems requiring diversity, equity, and inclusion efforts. We are dedicated to continuously evolving and improving with time as we seek out new perspectives, ideas, data, and recommendations from researchers, clinicians, and the communities we serve and of which we are a part.

For more information about the IDEA Committee, check out our diversity page at: <https://sci.odu.edu/vcpcp/diversity.html>

From Students to Alumni: Our 2025 Consortium Graduates

We extend our heartfelt congratulations to our 2025 Consortium Graduates—well done! Wishing you continued success and happiness as you embark on your new roles.



Brooke M. Puharic

Year of Graduation: May 2025

Program Mentor: Dr. Michelle Kelley

Dissertation Title: Intimate Partner Violence Among College Students: the Influence of Gender, Sexual Orientation, Race/Ethnicity on Bystander Intention.

Postdoctoral Role: Postdoctoral Fellow at CHKD Child Advocacy Center.

Year of Graduation: August 2025

Program Mentor: Dr. Cathy Lau-Barraco

Dissertation Title: Drinking to Compensate: Expanding Upon the Motivational Model of Alcohol Use.

Postdoctoral Role: Assistant Professor, Clinical Psychology at the University of Southern Mississippi.



Douglas J. Glenn



Katelyn J. Haschke

Year of Graduation: August 2025

Program Mentor: Dr. Scott Debb

Dissertation Title: Good and Safe: Exploring the Impact of Mindfulness and Primal World Beliefs on Psychological Well-Being.

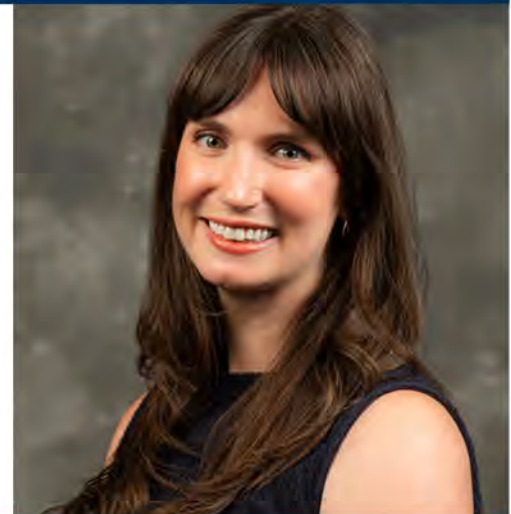
Postdoctoral Role: Staff Psychologist at the Hampton VA Medical Center.

Year of Graduation: August 2025

Program Mentor: Dr. Cathy Lau-Barraco

Dissertation Title: Examination of an Experimental Paradigm of Impaired Control Over Alcohol Use.

Postdoctoral Role: Assistant Professor, Clinical Psychology at the University of Southern Mississippi.



Emily K. Junkin

Year of Graduation: August 2025

Program Mentor: Dr. James Paulson

Dissertation Title: Testing an Ironic Process Model of Emotion Expression in Daily Life.

Postdoctoral Role: Postdoctoral Fellow in Neuropsychology at Northeast Neuropsychology.



Laura B. Kenneally

Student Accomplishments

Congratulations to Raksha Kandlur!

We are thrilled to celebrate Raksha Kandlur for being awarded the ODU Graduate School's General Scholarship for 2024–2025.

In addition, Raksha has been honored with the 2025 Candace M. Shorter Distinguished Student Award for excellence across all areas of the program. What an outstanding achievement!



CONGRATULATIONS



Paige Munshell

Congratulations to Paige Munshell!

We are excited to recognize Paige Munshell for receiving the Department of Psychology Graduate Teaching Assistant Award for 2024–2025. A well-deserved honor for her dedication and excellence in teaching!

Student Accomplishments



Celebrating Kinjal Patel!

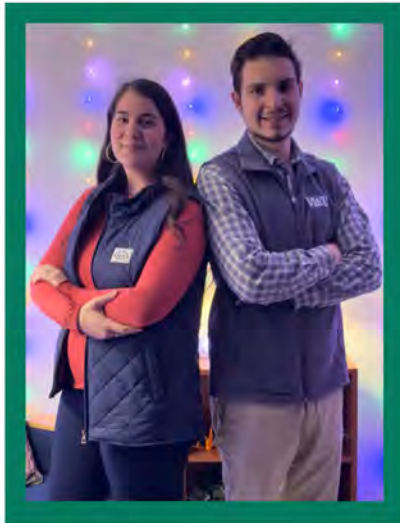
We are thrilled to recognize Kinjal Patel for an incredible series of accomplishments! Kinjal is the 2025 recipient of SCCAP's Routh Dissertation Grant, a prestigious nationwide honor.

She has also been selected for the American Psychological Foundation's 2025 Elizabeth Munsterberg Koppitz Fellowship Award, one of the most distinguished awards in the field.

In addition, Kinjal received the Eileen O'Neill Outstanding Consortium Service Award for her exceptional service contributions and was awarded ODU's Graduate Summer Award, chosen from a highly competitive pool of 43 applicants.

SUPERSTAR

Student News



VWU Spirit in Action!

We're excited to share a snapshot of Maddy Miller (3rd-year student) and Maurice Alsing (2nd-year student) showing their Virginia Wesleyan University pride during their practicum at the Virginia Wesleyan Counseling Center. Both students were sporting their VWU vests—a perfect reminder of the community and togetherness we celebrate in our program.

Congratulations Emily & Douglas!



Emily Junkin and Douglas Glenn met in 6th-grade English class, began dating in their senior year of high school, and worked tirelessly to pursue careers in psychology together. This summer, they celebrated their 10-year anniversary by eloping in New York City and graduating with their Ph.D.s from the Virginia Consortium Program. In August, they started new roles as Assistant Professors at the University of Southern Mississippi.



Student Recent Publications

*Current VCPCP Students are indicated in **bold**-lots of alumni and faculty, too!*

Bermingham, K., **Latourrette, C.**, Chartier, K. G., Spit for Science Working Group, Amstadter, A. B., & Bountress, K. (In Press). Parent PTSD, Social Support, and Differential Associations with Facets of Anxiety Sensitivity. *European Journal of Psychotraumatology*.

<https://doi.org/10.1080/20008066.2025.2565060>

Cusack, S., **Latourrette, C. T.**, Bermingham, K., Liming, A., Patel, T., Bullock, E., Spit for Science Working Group, Chartier, K., Amstadter, A., & Bountress, K. E. (2025, August 28). COVID Exposure and Well-Being: Examining Longitudinal Associations with PTSD, Depression and Anxiety Symptoms in Trauma-Exposed College Students. https://doi.org/10.31234/osf.io/xcukg_v1

Dawson, C. A., **Moulder, A.**, & Heron, K. E. (2025). Barriers and facilitators to accessing mental and physical health care among young sexual minority women: A qualitative exploration. *International Journal of Environmental Research and Public Health*.

Hawn, S. E., Hicks, T. A., **Latourrette, C.**, Thomas, A., Chaname, D., Ehlke, S., & Powers Lott, A. (2025). Psychometric evaluation of a novel measure of trauma-related cannabis use to cope. *European Journal of Psychotraumatology*, 16(1), 2500141.

<https://doi.org/10.1080/20008066.2025.2500141>

Heron, K.E., Shipley, J., **Turner, M.I.**, Panza, E., Brown, T., Braitman, A.L. (2025). Are affect and stress associated with disordered and intuitive eating behaviors among sexual minority and heterosexual young women? An ecological momentary assessment study. *Annals of Behavioral Medicine*.

Latourrette, C., Bacanu, S., Dick, D., Chartier, K., Roberson-Nay, R., Amstadter, A., & Bountress, K. (2025). Examining Associations Between Distress Tolerance and Anxiety Sensitivity and Comorbid Posttraumatic Stress Disorder (PTSD) - Alcohol Use Disorder (AUD) Using Multimodal Assessments. *PsychArchives*.

<https://doi.org/10.23668/psycharchives.16341>

Student Recent Publications

*Current VCPCP Students are indicated in **bold**-lots of alumni and faculty, too!*

Patel, K. K., Edershile, E. A., Luce, A. J., Auad, E. C., Liu, R. T., Kleiman, E. M., & Glenn, C. R. (2025). Examining associations between negative affect arousal dimensions and self injurious thoughts: Findings from two real-time monitoring studies with psychiatrically acute adolescents. *Psychiatry Research*, 353, 116718. <https://doi.org/10.1016/j.psychres.2025.116718>

Patel, K. K., Kearns, J. C., Foti, D., Pigeon, W. R., Kleiman, E. M., & Glenn, C. R. (2025). Anhedonia Links Sleep Problems and Suicidal Thoughts: An Intensive Longitudinal Study in High-Risk Adolescents. *Research on Child and Adolescent Psychopathology*, 53(3), 331–347. <https://doi.org/10.1007/s10802-024-01275-w>

Patel, K. K., Mournet, A. M., Luce, A. J., Auad, E. C., Liu, R. T., Kleiman, E. M., & Glenn, C. R. (2025). Nightmares and self-injurious thoughts among clinically acute adolescents: Examining negative affect as a potential mechanism. *Journal of Affective Disorders*, 381, 532–540. <https://doi.org/10.1016/j.jad.2025.04.054>

Rodriguez, C. M., Ericksen, K. S., Vaughan-Eden, V., Jackson-Nevels, B., LeBlanc, S., & **Munshell, P.** (2025). Evaluating the impact of No Hit Zone trainings in preschool-age childcare facilities for child maltreatment prevention: A quasi-experimental pilot study. *Child Abuse & Neglect*, 164, 107432. <https://doi.org/10.1016/j.chiabu.2025.107432>

Sliman, H., & Noell, G. (2024). The impact of peer observational learning on honesty following a transgression. *Journal of Articles in Support of the Null Hypothesis*, 21(2), 33–42. <https://www.jasnh.com/pdf/Vol21-No2-article3.pdf>

Yarish, N. M., Sandoval, C. M., **Moulder, A.**, **Turner, M. I.**, Downs, D. S., & Heron, K. E. (2025). Pregnant adults' interest in physical and mental health behavior change interventions using mobile technology. *Journal of Technology in Behavioral Science*.

Student Research Presentations

Here are a few photos highlighting our students that presented research this year.



Student Research Presentations

*Current VCPCP Students are indicated in **bold**-lots of alumni and faculty, too!*

Alsing, M. O., Romanzo, I., Fitzer, S. A., Lawton, J., Hearnton, J., Kelley, M. L., & Yarish, N. M. (2025, March). Examining the association between post-traumatic stress disorder symptoms and health status among U.S. military veterans transitioning to civilian life. Poster presented at the 46th Annual Meeting & Scientific Session of the Society of Behavioral Medicine (SBM), San Francisco, CA.

Alsing, M. O., Fitzer, S. A., Romanzo, I., Lawton, J., Hearnton, J., Kelley, M. L., & Yarish, N. M. (2025, March). The associations between physical activity, hours of sleep, and sleep quality among U.S. military veterans transitioning or reintegrating to civilian life. Poster presented at the 46th Annual Meeting & Scientific Session of the Society of Behavioral Medicine (SBM), San Francisco, CA.

Johnson, N. M., **Alsing, M. O.**, Fitzer, S. A., & Yarish, N. M. (2025, March). Assessing sleep quality & efficiency across military branches in reintegrating veterans. Poster presented at Old Dominion University's College of Health Sciences Research Day, Norfolk, VA.

Pitchford, K., Braitman, A., **Giannone, A.**, & Heron, K. E. (2025, March). Psychological and behavioral changes among at-risk Black and White sexual minority and sexual nonminority women during the Coronavirus (COVID-19) pandemic. Poster presentation at the Society of Behavioral Medicine 46th Annual Meeting & Scientific Sessions, San Francisco, CA.

Turner, M. I., Ehlke, S. J., **Ryan, K. E.**, & Heron, K. E. (2025, March). Exploring disordered eating behaviors among subgroups of young sexual minority and heterosexual women. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.

Turner, M. I., Braitman, A. L., & Heron, K. E. (2025, March). Weight bias internalization and disordered eating: Examining the role of sexual orientation in a sample of women who binge eat. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.

Student Research Presentations

*Current VCPCP Students are indicated in **bold**-lots of alumni and faculty, too!*

Giannone, A., Heron, K. E., **Pitchford, K.**, Weiner, L. S., Nagel, S., & Hartman, S. J. (2025, April). Theory-based physical activity intervention mechanisms and psychosocial outcomes among younger breast cancer survivors. Poster presentation at the Virginia Academy of Clinical Psychologists Spring Conference, Williamsburg, VA.

Armitage, K. M., **Latourrette, C. T.**, & Hawn, S. E. (2025, April 17). Sexual trauma as a moderating factor in the association between PTSD and trauma-related drinking to cope. Poster presentation at the 2025 Old Dominion University Knowledge and Creativity Expo, Norfolk, VA.

Armitage, K. M., **Latourrette, C. T.**, Richardson, N., & Hawn, S. E. (2025, May 22). Trauma-related eating to cope and health outcomes: A mediation model. Poster presentation at the 2025 Virginia Academy of Science 103rd Annual Meeting, Charlottesville, VA.

Bermingham, K., Bountress, K. E., **Latourrette, C.**, Roberson-Nay, R., Dick, D., Bacanu, S., Chartier, K., Spit for Science Working Group, & Amstadter, A. B. (2025, September 17–20). Examining associations between distress tolerance and anxiety sensitivity and comorbid PTSD–AUD using multimodal assessments. Poster presentation at the International Society for Traumatic Stress Studies 41st Annual Meeting, Baltimore, MD.

Chaname, D. M., **Latourrette, C. T.**, & Hawn, S. E. (2025, April 17). Racial and gender differences in trauma-related cannabis use: Examining PTSD coping mechanisms in a diverse college sample. Poster presentation at the 2025 Old Dominion University Knowledge and Creativity Expo, Norfolk, VA.

Dahlberg, J., **Moulder, A.**, & Lau-Barraco, C. (2024, November). Examining race, sex, Greek affiliation, and body dissatisfaction as predictors of drinking-related exercise behaviors. Poster presentation at the Association for Behavioral and Cognitive Therapies Annual Convention, Philadelphia, PA.

Dahlberg, J., **Moulder, A.**, & Lau-Barraco, C. (2025, May). Exploring marijuana use in a racially diverse sample of college students. Poster presentation at the Association for Psychological Science Annual Convention, Washington, D.C.

Student Research Presentations

*Current VCPCP Students are indicated in **bold**-lots of alumni and faculty, too!*

Fairchild, J. N., & Rodriguez, C. M. (2025, April 9–12). Parenting stress and abuse risk: Mediating role of negative attributions. Oral presentation at the Southeastern Psychological Association Conference, Atlanta, GA.

Fairchild, J. N., & Rodriguez, C. M. (2025, April 9–12). Perceived child behavior: Role of abuse risk and abuse history. Poster presentation at the Southeastern Psychological Association Conference, Atlanta, GA.

Fairchild, J. N., & Rodriguez, C. M. (2025, June 22–26). Associations between maternal history of child abuse and later child abuse risk toward sons and daughters across time. Poster presentation at the American Professional Society on the Abuse of Children Annual Convention, New Orleans, LA.

Rodriguez, C. M., & **Fairchild, J. N.** (2025, June 22–26). Re-envisioning physical child abuse risk: Emerging evidence for a dual-processing socio-emotional information processing theory. Oral presentation at the American Professional Society on the Abuse of Children Annual Convention, New Orleans, LA.

Hawn, S. E., **Latourrette, C.**, & Lott, A. (2025, September 17–20). Exploring trauma-related coping: Characterizing latent profiles of PTSD self-medication. Poster presentation at the International Society for Traumatic Stress Studies 41st Annual Meeting, Baltimore, MD.

Hopkins, M. I., **Latourrette, C. T.**, Richardson, N. S., DeOliveira, M. G., & Hawn, S. E. (2025, April 17). The intersection of trauma type and alcohol use in college women: Examining maladaptive coping in a high-risk population. Poster presentation at the 2025 Old Dominion University Knowledge and Creativity Expo, Norfolk, VA.

Latourrette, C., Smith, L., **Kliebhan, T.**, & Hawn, S. E. (2025, September 17–20). PTSD symptom clusters and cannabis use: The moderating effects of PTSD-specific coping motives. Poster presentation at the International Society for Traumatic Stress Studies 41st Annual Meeting, Baltimore, MD.

Student Research Presentations

*Current VCPCP Students are indicated in **bold**-lots of alumni and faculty, too!*

Lauren, S., Hawn, S. E., & **Latourrette, C.** (2025, September 17–20). Beyond the bump: Unraveling the mental health impact of mild traumatic brain injury. Poster presentation at the International Society for Traumatic Stress Studies 41st Annual Meeting, Baltimore, MD.

Miller, M., Munshell, P., & Paulson, J. (2025, November 5–8). Bridging the gap: Relationship satisfaction, emotional wellbeing, and coparenting success. Poster session at The Marcé of North America (MONA) Biannual Conference, Toronto, Canada.

Moulder, A. M., Heron, K. E., Braitman, A. L., & Lau-Barraco, C. (2025, May). An examination of minority stress and food and alcohol disturbance in sexual minority women who binge eat. Poster presentation at the Association for Psychological Science Annual Convention, Washington, D.C.

Munshell, P., Rodriguez, C. M. (2025, November). Coping and frustration tolerance in pregnancy: Understanding later negative infant attributions. Oral presentation at the Marcé of North America (MONA) Conference, Toronto, Canada.

Munshell, P., Rodriguez, C. M., & Leerkes, E. (2025, April). Parenting and partner violence as predictive of family dysfunction. Paper presentation at the Southeastern Psychological Association (SEPA) Conference, Atlanta, GA.

Munshell, P., Rodriguez, C. M., & Leerkes, E. (2025, April). Relations between intimate partner violence and parent-child interactions across infancy. Poster presentation at the Southeastern Psychological Association (SEPA) Conference, Atlanta, GA.

Patel, K. K., Edershile, E. A., Luce, A. J., Auad, E. C., Liu, R. T., Kleiman, E. M., & Glenn, C. R. (2025, April). Examining proximal associations between negative affect arousal dimensions and self-injurious thoughts in high-risk adolescents. Paper presentation at the 2025 Suicide Research Symposium. [Conference online]

Student Research Presentations

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Patel, K. K., Kearns, J. C., Foti, D., Pigeon, W., Kleiman, E. M., & Glenn, C. R. (2025, June). Anhedonia links sleep problems and suicidal thoughts: An intensive longitudinal study in high-risk adolescents. Poster presentation at SLEEP 2025 Meeting, Seattle, WA.

Popowski, S., **Patel, K. K.**, Cheung, Y., Kim, K. Y. A., Glenn, C. R., Van Orden, K. A., & Meyerhoff, J. (2025, June). Measuring self-injurious thoughts and behaviors: Developing a continuous summary score using the SITBI. Poster presentation at the 2025 Society for Digital Mental Health Conference. [Conference online]

Patel, K. K., Mournet, A. M., Luce, A. J., Auad, E. C., Liu, R. T., Kleiman, E. M., & Glenn, C. R. (2025, June). Nightmares and self-injurious thoughts among high-risk adolescents: Examining negative affect as a potential mechanism. Poster presentation at SLEEP 2025 Meeting, Seattle, WA.

Patel, K. K., Mournet, A. M., Luce, A. J., Auad, E. C., Liu, R. T., Kleiman, E. M., & Glenn, C. R. (2025, November). Nightmares and self-injurious thoughts among adolescents following acute psychiatric care: Examining negative affect as a potential mechanism. In C. Glenn (Chair), Leveraging real-time monitoring designs to clarify mechanisms for suicide risk and protection among vulnerable young people [Symposium]. Paper presentation at the 2025 IASR/AFSP International Summit on Suicide Research.

Patel, K. K., Kleiman, E. M., & Glenn, C. R. (2024, November). The impact of age on negative emotion dynamics and suicidal thoughts in high-risk youth: Findings from a real-time monitoring study. Poster presentation at the 2024 Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.

Ragland, M. A., **Klienbhan, T.**, Armitage, K. M., **Latourrette, C. T.**, & Hawn, S. E. (2025, May 22). The influence of exposure type and resilience on cannabis use to cope. Poster presentation at the 2025 Virginia Academy of Science 103rd Annual Meeting, Charlottesville, VA.

Student Research Presentations

*Current VCPCP Students are indicated in **bold**-lots of alumni and faculty, too!*

Smith, L., **Latourrette, C.**, & Hawn, S. E. (2025, May 22). The cost of coping: How trauma-linked behaviors relate to mental and physical health. Poster presentation at the 2025 Virginia Academy of Science 103rd Annual Meeting, Charlottesville, VA.

Smith, L., **Latourrette, C.**, & Hawn, S. E. (2025, May 22). The cost of coping: How trauma-linked behaviors relate to mental and physical health and the buffering role of resilience. Oral presentation at the Virginia Academy of Science Annual Meeting, Charlottesville, VA.

Wheelbarger, E., **Sliman, H.**, & Noell, G. (2025, April 11). The influence of reward source reliability, task difficulty, and gender on children's task persistence. Poster presentation at the Graduate Student Government Association Research Conference, Norfolk, VA.

Wheelbarger, E., **Sliman, H.**, & Noell, G. (2025, May 22–25). The contribution of task difficulty and adult reliability on children's academic task persistence. Poster presentation at the Association for Psychological Science Conference, Washington, D.C.

Research Day 2025

Congratulations to our students who successfully presented for Research Day!



Research Day Presenters (from left to right):

Maddy Miller, Camille Johnson, Taylor Kliebhan, Paige Munshell, Tiana McKan, Sunday Hull

Maddy Miller:

Neuroplasticity in the Perinatal Period: Exploring Cognitive and Emotional Shifts in Motherhood.

Camille Johnson:

Exploring the Impact of Identity-Based Bullying on Suicidal Thoughts and Behaviors Among 6th – 12th Grade Youth in Virginia.

Taylor Kliebhan:

Examining the Role of Sexual Minority Status on Trauma-Related Eating to Cope in Trauma-Exposed Undergraduates.

Paige Munshell:

Observed Parenting, Parent-Child Aggression, and Intimate Partner Violence as Predictive of Family Dysfunction.

Tiana McKan:

Online Racism and Self-Esteem: Does Racial Socialization Matter in Adulthood for African Americans?

Sunday Hull:

Examining Social and Intrapersonal Factors Among Youth Crisis Line Volunteers.

Alumni News

Our alumni continue to make us proud! This section highlights the achievements, career updates, and milestones of our graduates as they continue to impact their fields and communities. Stay connected, stay inspired, and keep sharing your success stories with us!



Cassidy Sandoval

Alumni Spotlight – Cassidy Sandoval (2024)

Congratulations to our alumna Cassidy Sandoval, recipient of the VCPCP 2025 David Leigh Memorial Pancoast Award for her Outstanding Dissertation! We're proud to celebrate Cassidy's achievement and her continued contributions to the field.

Alumni Spotlight – Rachel Davies (2023)

Rachel Davies recently published a 2025 study in *Psychology of Violence* examining the role of self-blame in the link between institutional betrayal and depressive and PTSD symptoms among women who experienced sexual assault while in the military. Congratulations to Rachel on this important contribution to understanding trauma and mental health in military populations!

Alumni Spotlight - Congratulations to Dr. David Gershan (2013)



We're proud to share that Dr. David Gershan, a 2013 graduate of the VCPCP and clinical Psychologist in the Chicago area, recently published a collection of short fiction titled *Run for Your Life*. The book brings together 13 stories originally published in literary magazines between 2018 and 2025, many inspired by his work with geriatric populations in long-term care and rehabilitation settings. The collection explores mental health-related themes drawn from his experiences in clinical psychology. Congratulations to Dr. Gershan on this accomplishment!

Alumni Spotlight - Congratulations to Dr. Emily Oettinger Kostelnik (2016)



Dr. Emily Oettinger Kostelnik, licensed clinical psychologist, recently launched her course *Back to Balance: The Whole Person Approach for Chronic Dizziness* in October. She will also co-host the second annual Vestibular Virtual Summit in February 2026, featuring experts discussing holistic approaches to vestibular health, including nutrition, hormones, thyroid function, and more.

Faculty & Other News

There's always something to celebrate in our community! We're thrilled to share that Dr. Natalie Yarish and her husband recently welcomed their first child—warmest congratulations to their growing family! In addition, a special thank-you to alumna Dr. Giuliana Farias McQuirt for sharing an exciting Postdoctoral Fellowship Opportunity in Clinical Health Psychology at the Florida State University College of Medicine. We love seeing our community support one another through both personal milestones and professional opportunities!



Wyatt Leo Yarish was born on March 13, 2025, weighing 7 lbs, 8 oz. He loves being outside, reading all the Little Blue Truck books, trying new foods, and petting our dogs, Remy and Wellington. Wyatt's smile and laughter light up the room, and we are endlessly grateful for our miracle baby.

FSU | ISABEL COLLIER READ MEDICAL CAMPUS

The Florida State University College of Medicine is accepting applications for Fall 2026 for a one-year postdoctoral fellowship in Clinical Health Psychology with a focus on Primary Care. Fellows will train in multidisciplinary healthcare settings through the Lee Health and Healthcare Network consortiums, gaining experience in family medicine, pediatrics, and women's health clinics. Applicants must have completed an APA-accredited doctoral program and internship in Clinical or Counseling Psychology.

For details and application information, visit [FSU College of Medicine – Immokalee Program](#) or contact Dr. Natalie Rivera-Morales (natalie.rivera@med.fsu.edu) or Ashley Bright (ashley.butler@med.fsu.edu). The program office also has a document with additional details — if you're interested, please email stysongr@odu.edu to request a copy.

Thank You for Being a Part of the Consortium Family!

Thank you for taking the time to connect with us. We hope you enjoyed this edition of our newsletter and the positive updates we shared.



To stay current on our latest updates, please visit our website:
<https://sci.odu.edu/vcpcp/index.shtml>