Welcome to fall (almost winter!) You can see in this newsletter that our students, faculty, and alumni have been busy with all kinds of endeavors. We thank everyone for sharing their good news and accomplishments. We are bidding farewell to two EVMS faculty Drs. Kathrin Hartmann (see p. 8) and Nicole Kreiser (see p. 9) as well as our Program Administrator Elaine Ross (see p. 10). Dr. Hartmann has been with the Program for 20 years, supervising research and clinical work and teaching child psychopathology and Consultation/Supervision, Dr. Nicole Kreiser, recently hired in 2016, has been engaged in research, supervision, and teaching the CBT course. We wish you all the best in your new endeavors and greatly appreciate everything you have done for the Program and students.

We are also in the process of preparing our self-study for APA re-accreditation. Our site visit is scheduled for fall 2020. The site visitors will meet with students, alumni, faculty, and administrators to ensure that we are compliant with the new Standards of Accreditation. Local alumni, we may reach out to you to see if you are able to meet with site visitors.

The Program also wants to thank Dr. Noel Goldberg for his generous contribution to honor VCP faculty and staff. Dr. Goldberg, Class of 2002, established a VCP Teaching and Leadership award to assist one student annually with their dissertation. We appreciate Dr. Goldberg’s desire to give back to the Consortium by assisting the next generation of psychologists. If you are interested in contributing to this funding effort, or starting your own please e-mail me at rlewis@odu.edu. The best way to maintain and improve our great program is through regular donations that assist us in recruiting, recognizing (through annual awards) and supporting the very best students. Be assured that every dollar benefits our students directly. All donations go into an EVMS-held account, with no overhead costs, which allows us to determine the best way to use these funds for our students.

To make a donation, please make your check payable to EVMS. Be sure to enter “VCP donation” in the memo line. If you would like your donation earmarked for students awards, or to add to Dr. Goldberg’s initiative, please let us know in the memo line. Checks should be sent to the following address:

**THE VIRGINIA CONSORTIUM PROGRAM IN CLINICAL PSYCHOLOGY**
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Thomas Augustin
From: Crofton, Nebraska
Research Interest: Psychological Testing from development to interpretation and personality to neurocognitive.
Non-Psychology Dream Job: A triple threat on the great Broadway stage

Kenneth Ayers
From: Columbia, South Carolina
Research Interest: Socioecological factors affecting African American males and their interpersonal relationships.
Non-Psychology Dream Job: Seriously, I dream of not working. But, I’d probably be a voice actor.

Douglas Glenn
From: Huntsville, Alabama
Research Interest: Factors contributing to the development and outcomes of young adult alcohol (and other substance) use, such as impulsivity, self-regulation, and motivations to drink
Non-Psychology Dream Job: SNL Cast Member

Emily Junkin
From: Huntsville, Alabama
Research Interest: Substance misuse, alcohol misuse, binge drinking, high-intensity drinking
Non-Psychology Dream Job: Orangutan caregiver/rehabilitation specialist

This year, we are excited to announce an incoming class of eight first-year students!

Pictured Left to Right:
Front Row: Brooke Puharic, Alicia Kruzelock, Laura Kenneally, Emily Junkin, Cassidy Sandoval
Back Row: Thomas Augustin, Douglas Glenn, Kenneth Ayers
Dr. Catherine "Cassie" Glenn is a licensed clinical psychologist who will be joining the department in January 2020. She received her Ph.D. in clinical psychology from Stony Brook University and completed her postdoctoral fellowship training at Harvard University with funding from an F32 NRSA from NIMH. For the past four years, she has been an Assistant Professor of Psychology at the University of Rochester and an Assistant Professor of Psychiatry at the University of Rochester Medical Center. Dr. Glenn studies the development, prediction, and prevention of suicidal and self-injurious behaviors in youth (lab website: [www.yr2lab.com](http://www.yr2lab.com)). Her research has been funded by the National Institute of Mental Health, the American Foundation for Suicide Prevention, and the Military Suicide Research Consortium. Dr. Glenn grew up in Virginia Beach and looks forward to returning to Hampton Roads next year!
Lewis Breland is from Winchester, Virginia. He is a US Navy veteran, and has recently relocated to the Norfolk area. He enjoys research, foreign languages, and spending time studying the natural world. He looks forward to being part of the Consortium family.

(more information to follow in the Spring Newsletter 2020)
On Friday, October 4th, a group of five students presented their research at the seventh annual VCPCP Research Day at NSU. During this event, students within the program are given the opportunity to show the faculty and their peers the research they have conducted. This year we saw multiple topics. Research Day continues to be a great opportunity for students and faculty to be exposed to the diverse research being conducted by our students! Below is a list of this year’s student presenters and their respective research projects.

**Quandrea Barnes**  
*Faculty Mentor: Dr. Scott Debb (NSU)*  
Individual and Familial Contributions of Resilience Related to African Americans’ College Academic Performance

**Nathan Hager**  
*Faculty Mentor: Dr. Matt Judah (ODU)*  
Exploring Neural Reward Processing and Reward-Related Memory in Depression

**Emily Putnam**  
*Faculty Mentor: Dr. Kelli England (EVMS)*  
Risk Communication in Child Passenger Safety Utilizing Message Framing Strategies and Normative Feedback

**Thomas Augustin**  
*Faculty Mentor: Dr. Richard Handel (EVMS)*  
* Voice Pitch Influences on Teaching Evaluation and Student Learning

**Cassidy Sandoval**  
*Faculty Mentor: Dr. Kristin Heron (ODU)*  
* Fat Talk and Romantic Relationships: Does Fat Talk Affect Relationship Satisfaction and Sexual Satisfaction?  
* Theses Approved from Master Programs. Research was not completed with current faculty mentor.

Pictured left to right: Front Row- Quandrea Barnes, Cassidy Sandoval, and Emily Putnam, Back Row– Thomas Augustin and Nathan Hager.
Greetings from the Diversity Committee!! The fall semester has brought many new and exciting changes. As our student and faculty memberships have grown, so have our initiatives. Members have organized projects and events related to recruitment & outreach, cultural awareness & education, and within-program social engagement. First, in an effort to offer continuing support & resources, we hosted a check-in session in ODU’s Webb Center for undergraduate students who attended our *Diversifying Clinical Psychology Workshop* last April. A second session is planned for Tuesday, November 12th from 4-6pm in NSU’s Brown Memorial Hall (all students & faculty are welcome!). Next, along with the Practicum Committee, the Diversity Committee co-sponsored our recent Microaggressions Workshop presented by Dr. Kermit Crawford. Lastly, efforts to build cultural awareness and solidarity within the program include interactive & culture presentations at Committee meetings (i.e., Icebreakers and *Last Look* topics), consultation with our new Diversity Consultant, Dr. Janis Sanchez, a diversity potluck social, and privilege walk. In the weeks to come, we hope to continue our planning for a new Diversity section on the VCP website, mentorship training & program implementation, and social justice project. We welcome your ideas, questions, and resources! Contact us at vcpcpdiversity@odu.edu.
VCPCP Diversity Club

Diversity Potluck Dinner at Dr. Winstead’s house. We had a plethora of delicious food from our identified cultures.

Full Committee Members:

Desi Hacker  Laura Kenneally
Charlotte Dawson  Alan Meca
John Schwartz  Jenn Flaherty
Laurel Brockenberry  Lindsay Howard,
Kelsey Ellis  Matt Judah
Dan Schaffer  Tiphanie Sutton
Scott Debb  Kathrin Hartmann
Jamie Macchia  Nathan Hager
Farewell & Thank You!!!

Kathrin Hartmann, Ph.D. has been a faculty member at EVMS and with VCPCP for 20 years. Over the course of her career she has mentored, supervised, and taught VCPCP students as well as psychology interns and psychiatry residents. She is currently a professor at EVMS in the Department of Psychiatry and Behavioral Sciences where she is the Co-Director, Autism Spectrum Program, and an Allied Health Professional in Pediatrics at Children’s Hospital of the King’s Daughters. Dr. Hartmann has been the principal faculty leader, expert, and advocate for departmental and community education programs on Inclusion, Diversity, and Cultural Competence. Dr. Hartmann serves as an outstanding role model to other faculty and mentees in service and research. Dr. Hartmann has also acquired several grant funding and service opportunities in order to evaluate recruitment efforts for diverse faculty and trainees, cultural competence, and diversity factors in psychiatric disorders, particularly in Autism Spectrum Disorders, and education. Some of these grants were funded by The Health Resources and Services Administration from the U.S. Health Department and the National Institute of Health. During her personal time, she brings together groups of international men and women from our community on regularly to foster a sense of belonging and inclusion for them. Dr. Hartmann has committed her entire career to promoting, advocating and teaching to create a climate of openness, acceptance, diversity, inclusion, and building cultural competence. Her passion for diversity and inclusion and teaching cultural competence is genuine and far reaching as well as well-integrated into her teaching, service, clinical work, research, and her life outside of work. She is an exceptional leader on inclusion and diversity who advocates for diverse individuals across the spectrum (mental health disparities, autism, immigrants, people with disabilities, and children). She also devotedly alleviates and lessens bias. Her clinical work is superb and she always considers and talks about cultural factors and implications openly. She is a great resource for students and faculty alike for consultation. We wish Dr. Hartmann the best of luck in her next endeavors and will greatly miss her as a colleague, mentor, and friend.
Dr. Nicole Kreiser joined the EVMS faculty in September 2016. She has been an integral part of the EVMS Autism Spectrum Disorders program engaging in research, supervision, and clinical care due to her specialized expertise with children, adolescents, and young adults. She easily took on teaching the yearly VCPCP CBT course which is quite important in the early training years of our students. She served on two dissertation committees in her short tenure. Dr. Kreiser will be transitioning to work at CHKD where she will continue to work with children and adolescents with autism and neurodevelopmental disorders. Dr. Kreiser will be greatly missed, but it’s good for the community she will still be providing clinical services in the area.
A congratulatory shout-out!!! In October, VCPCP said farewell to Elaine Ross, who had left the Consortium to the position of Coordinator of Graduate Recruitment for ODU. We were all sad to see her go, but we are all excited for her and her new adventure!!! Thank you Elaine for all of your help and administration in our program! Our loss is certainly ODU Graduate Admission’s gain!
Recognizing Students

Shout-Out to Rachel Amerson (pictured left), who was awarded the Bisexual Foundation Award from APA’s Div. 44 on Sexual and Gender Diversity. This $1,000 award will assist in funding her dissertation on objectification and body image in bisexual women.

Rachel Amerson

Shout-Out to Rachel MacIntyre (pictured right), who was awarded a grant for her dissertation research entitled, Body Dissatisfaction and Disordered Eating among College Women’s Social Networks: An Investigation of Perceived Changes Following a Dissonance-Based Body Image Intervention. This grant was funded by The Society for the Psychological Study of Social Issues (SPSSI), to assist in examining changes in college women’s social networks and body dissatisfaction maintenance behaviors following a body image intervention.

Rachel MacIntyre

Shout-Out to Kelly Romano (pictured left) for receiving the Raymond H. Kirby Award for Best Student Presentation at the Virginia Academy of Science’s annual meeting in May 2019. Kelly received this award for her presentation entitled, “Gender and racial differences in patterns of disordered eating behavior and alcohol misuse among young adults: A mixture model.”

Kelly Romano
Recognizing Faculty

In July 2019, **Dr. Kelli England** took over as Director of EVMS’s Pediatrics Division of Community Health & Research.

Dr. Kelli England was honored with:
- Toy Savage Endowed Professor of Pediatrics, Eastern Virginia Medical School
- Global Leader in Road Safety, United Nations
- Faculty Research Award, Department of Pediatrics, Eastern Virginia Medical School

Dr. Kelli England was also recently awarded a Virginia Highway Safety grant for her research entitled, Car Safety Now: Communications for Increased Child Occupant Protection. This grant funds development and dissemination of risk communication efforts to increase children’s occupant protection, including extended rear-faced positioning and extended use of booster seats. The grant offers $110,417 for one year.

**Dr. Leah Floyd** was awarded an APA Summer Undergraduate Psychology Research Experience Grant during the Summer 2019. The link below can direct you to the article about Dr. Floyd.

https://www.apa.org/science/about/psa/2019/10/lab-experience-professional-guidance

**Dr O’Shan Gadsden** has received an invitation to Co-edit, “Transdisciplinary Call to Analyze Black Men.” A Series Exploring the Paradoxes of Racially Subjugated Males, Temple University Press. Dr. Gadsden has also made a few media appearances:
- Special Guest on the Onyx Report with Dr. T. Hasan Johnson (Public Scholarship) (September 2019).
  https://youtu.be/EuDFJolyYG0
  https://www.facebook.com/WritingOurWayOut/videos/1243407655867547/
Dr. Cliff Hatt was an invited presenter at the Fourth Annual Mental Health in Schools Conference sponsored by the Virginia Department of Education held in August in Roanoke. The conference theme was "Advancing Equitable Outcomes through School-Based Prevention and Intervention". Dr. Hatt's workshop was titled "Providing Prevention and Therapeutic Interventions in Schools: Ethical Issues for School Psychologists as Mental Health Providers". The workshop covered the complexities of informed consent, self-referrals, and confidentiality when providing therapeutic interventions in schools.

Dr. Erica Russell has earned her tenure and promotion to the rank of associate professor! She has also been appointed to and serves on the HBCU C.A.R.E.S. Advisory Council (See websites below)
https://www.myhbcucares.org/about-us/
https://www.myhbcucares.org/advisory-council/
Recognizing Alumni

A shout-out to our Alumni, making us all proud! Below are a list of some of the many accomplishments our Alumni have recently completed! Way to go!

Karen L. Boyd, Psy.D., RTC, Class of 1993, and Adjunct Faculty in Psychology at Norfolk State University has been registered to practice as a Qualified Mental Health Professional-Adult by the Commonwealth of Virginia/Board of Counseling since November, 2018. She has also received a Certificate of Completion to facilitate “Understanding Cancer Educational Workshop” sponsored by the NSU Center of Excellence in Minority Health Disparities in April, 2019.

Lindsay Gibson, Psy.D. Class of 1983 newest book, Recovering from Emotionally Immature Parents, was released by New Harbinger Publishing in May, 2019! This is a follow-up sequel to her previous book, Adult Children of Emotionally Immature Parents (2015), which has been a frequent Amazon #1 Bestseller in the Parent-Adult Child Relationship category and has been translated into 13 languages worldwide.

Dr. Gibson also looks forward to the release of the revised, second edition of her first book, Who You Were Meant to Be (2000), which will be available in December, 2019.

Javel Jackson, Psy.D., Class of 1993 has been very busy at the Georgia Department of Corrections (GDOC). Since March 2018, she has served as the Statewide Mental Health Director for the GDOC. Since approximately 2015, she has also been active with the International Association for Correctional and Forensic Psychology (IACFP) serving as board secretary, then board president and is now the immediate past president of IACFP. Furthermore, she is a member of the International Association of Forensic Mental Health Services and a member of the American Correctional Association (ACA) and in June 2019 accepted an appointment on ACA’s Behavioral Health Committee.

Dr. Jackson is also a member of Georgia State University’s Institutional Review Board (IRB) (since 2002) and the Georgia Department of Public Health’s IRB (since 2017) serving as the prisoner advocate/prison representative for both IRBs. She also continues to maintain her part-time private practice.
Recognizing Alumni Cont.

Radhika Krishnamurthy, Psy.D., ABAP Class of 1994 received two professional recognitions this year:
- Distinguished Contribution to Assessment Psychology Award, granted by the American Psychological Association’s Division 12 Section IX (Clinical Psychology Division/Assessment Psychology), August, 2019.
- Distinguished Service and Contribution to Personality Assessment Award, granted by the Society for Personality Assessment, March, 2019.

Dr. Krishnamurthy has also co-edited a book:

Amber Lea Walser, Psy.D., Class of 2012 recently completed the requirements to be a Certified ADHD professional (ADHD-CCSP) through Pesi, Inc. She runs an Adult ADHD workshop at Kaiser Permanente Los Angeles Medical Center outpatient Psychiatry department, as well as having predoctoral intern be a part of leading the group with her.

Dr. Walser, will also begin teaching her first 2 hour CEU on Suicide Risk Assessment using the Columbia Suicide Severity Rating Scale (C-SSRS) and the use of the Stanley-Brown Safety plan as a treatment intervention for at risk Kaiser Permanente Southern Region psychiatry patients. The CE will be presented to all psychologists who work in the Southern Region of Kaiser Permanente’s Behavior Health system.

William F. Whelan Psy.D., Class of 1990, Conducted a five-day training workshop entitled, “MacArthur Preschool Attachment Coding Training” on October, 7-11, 2019 at the University of Virginia in Charlottesville, VA.

Dr. Whelan continues to provide training in child development in the States, Canada, and Europe. He has been a faculty of the UVA school of medicine for 16 years and has been in private practice for the past 12 years. His continues to do research with support from NIH, and focuses on developing assessment methods and intervention approaches to support health and healing in attachment-caregiving interactions.

Emily Fleming Williams, Class of 2003, launched Silver Maple Psychology, LLC in April 2019. https://silvermaplepsychology.com Check it out!
The Consortium is always excited to recognize students, faculty, and alumni for their recent research achievements.

**Recent Publications**


**Heron, K. E., Romano, K. A., & Braitman, A. L.** (2019). Mobile technology use and mHealth text message preferences: an examination of gender, racial, and ethnic differences among emerging adult college students. *mHealth*, 5. doi: 10.21037/mhealth.2019.01.01


Braitman, A.L., Heron, K.E., Ehlke, S.J., Romano, K.A., Shappie, A.T., & Lewis, R.J. (accepted). Validation of an 8-item measure of daily sexual minority stress among sexual minority women. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

Colangelo, M., Ehlke, S., Braitman, A. L., & Heron, K.E. (2019, June). Differences in protective behavioral strategy use and alcohol-related problems between sexual minorities and heterosexuals. Poster presented at the 42nd annual meeting for the Research Society on Alcoholism, Minneapolis, Minnesota.


Recent Presentations/Posters Cont.


Recent Presentations/Posters Cont.


Welcome Little Ones!

Dr. David Gershan, Class of 2013, and his wife, Megha Hamal, celebrated the birth of their first child! On November 2, a little baby boy, Zuri Hamal Gershan, was brought into this world. The family is currently living in Chicago where Dr. Gershan works as a licensed clinical psychologist for a company called Deer Oaks.

Kristin Heron, Ph.D. welcomed a new member to her family... and lab on May 1, 2019. The lovely Ellery is sporting the “HabiT Lab Newest Member” shirt that Dr. Heron’s grad students had gotten for her.
Taste of Student Life

VCPCP students Jamie Macchia, Brooke Puharic, and Lindsay Howard participated in the intramural soccer team. The team won the co-ed intramural soccer championship at ODU this fall with their team “How do we feel?”

(Pictured Above)

(Pictured Right)

Douglas Glenn and Emily Junkin participated in the ODU Parade!